

WARNING: Not intended for use by pregnant or nursing women or persons under the age of 18. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of the reach of children. Store in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in a cGMP Facility. Made in the USA.
Distributed by: Core Nutritionals, LLC, Arlington, Virginia
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HMB Nutritional uses of Calcium β -Hydroxy β -Methylbutyrate Monohydrate are licensed to Core Nutritionals, LLC under U.S. Patent # 6,103,764. Use of the trademark is licensed from Metabolic Technologies.

CORE
NUTRITIONALS

HMB

RESIST • REMAKE • POWER

DIETARY SUPPLEMENT
NET WEIGHT 3.17 OUNCES (90 GRAMS)

Supplement Facts

Serving Size: 1 scoop (1000 mg) / Servings Per Container: 90

	Amount Per Serving	% Daily Value
Calcium (From Calcium β -Hydroxy β -Methylbutyrate)	130 mg	13%
Calcium β -Hydroxy β -Methylbutyrate Monohydrate (HMB)	1000 mg	†

† Daily value not established. Percent Daily Values are based on a 2,000 calorie diet.

DIRECTIONS: Consume 1 scoop (1000 mg) three times per day, preferably with food. For best results, take one serving 30-60 minutes before your workout.

