

| Amount Per Serving                                                                                                                                                                                                                                                                                                                           | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Garden Veggies™ Juice Powder Blend 30 mg                                                                                                                                                                                                                                                                                                     | **   |
| Parsley, Kale, Spinach, Wheat Grass, Brussels Sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic                                                                                                                                                                                                                        |      |
| Energy & Endurance Blend 30 mg                                                                                                                                                                                                                                                                                                               | **   |
| Siberian Eleuthero (root), Rhodiola Rosea Extract (root) standardized to 3% rosavins and 1% salidroside, Korean Ginseng (root), Goto Kola (stem, leaf)                                                                                                                                                                                       |      |
| Cardiovascular Blend with Resveratrol 20 mg                                                                                                                                                                                                                                                                                                  | **   |
| Hawthorn (berry), Japanese Knotweed standardized to 50% resveratrol, Coenzyme Q10 (ubiquinone)                                                                                                                                                                                                                                               |      |
| Green Food/Spinulina Blend 20 mg                                                                                                                                                                                                                                                                                                             | **   |
| Spinulina (microalgae), Kelp/Bladderwrack (whole thallus), Alfalfa (leaf, stem), Barley Grass (grass), Dandelion (leaf), Wheat Grass (grass), Melissa (leaf), Lemon Grass (grass), Nettie (leaf), Blessed Thistle (stem, leaf, flower), Citronella (broken cell microalgae), Plantain (leaf), Blue Green Algae (microalgae), Cilantro (leaf) |      |
| Organic Mushroom Defense Blend 20 mg                                                                                                                                                                                                                                                                                                         | **   |
| Cordyceps, Reishi, Shiitake, Hiratake, Maitake, Yamabushitake, Himehatutake, Kowaratake, Chaga, Zhu Ling, Agaricus, Mesima                                                                                                                                                                                                                   |      |
| Digestive Enzyme Blend 20 mg                                                                                                                                                                                                                                                                                                                 | **   |
| Concentrated enzyme formula (Protease I, Protease II, Amylase, Lipidase, Lactase, Cellulase, Alpha Galactosidase, Invertase, Lipase), Betaine HCl, Bromelain (from pineapple), Papain (from papaya)                                                                                                                                          |      |
| Citrus Bioflavonoid Complex 20 mg                                                                                                                                                                                                                                                                                                            | **   |
| (from lemon, orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones                                                                                                                                                                                                             |      |
| Choline (as choline bitartrate) 20 mg                                                                                                                                                                                                                                                                                                        | **   |
| Inositol 20 mg                                                                                                                                                                                                                                                                                                                               | **   |
| Get Beta Glucan Concentrate 10 mg                                                                                                                                                                                                                                                                                                            | **   |
| Rutin 5 mg                                                                                                                                                                                                                                                                                                                                   | **   |
| Boron (as amino acid chelate) 1 mg                                                                                                                                                                                                                                                                                                           | **   |
| Lutein (from marigold) 500 mcg                                                                                                                                                                                                                                                                                                               | **   |

\*\*Daily Value (DV) not established.

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin

Contains no salt, sugar, yeast, wheat grain, dairy products, artificial flavoring, colors or preservatives.

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## THE MOST COMPLETE ONCE DAILY MULTI-VITAMIN FOR MEN

Alive! Ultra Potency is nutrition you can feel with more energizing nutrients from more natural sources than other multi-vitamin brands.

- High potency B-vitamins for energy\*
- 1,000 IU of vitamin D3
- Plant-based Aquamin® calcium
- Potent citrus bioflavonoids
- Prostate, Cardiovascular and Energy & Endurance support blends\*



## WHOLE BODY NOURISHMENT

with essential nutrients that help support:

**PROSTATE HEALTH\*** Saw Palmetto, Lycopene, Selenium, Zinc  
**ENERGY & ENDURANCE\*** Ginseng, Rhodiola, Eleuthero

### BONE HEALTH\*

Boron, Calcium, Folic Acid, Magnesium, Manganese, Vitamins D & K

### COLON HEALTH\*

Calcium, Folic Acid, Selenium, Vitamin D

### DAILY ENERGY\*

Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin, Vitamin B6

### EYE HEALTH\*

Lutein, Vitamin A (Beta Carotene), Vitamins C & E, Zinc

### HEART HEALTH\*

Folic Acid, Pomegranate, Resveratrol, Vitamins B6, B12, C & E

### IMMUNE DEFENSE\*

Antioxidants, Selenium, Vitamins A, C & D, Zinc

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Way

# Alive!

## once Daily

### Men's

#### ULTRA POTENCY

DIETARY SUPPLEMENT • 60 TABLETS

**SATISFACTION GUARANTEED.** Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed. **Keep out of reach of children.**



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**Recommendation:** Take 1 tablet daily, preferably with food. As with any supplement, if you are taking medication consult your doctor before use. Not formulated for women or children. Do not exceed recommended use.

## Supplement Facts

Serving Size 1 Tablet / Servings Per Container 60

| Amount Per Serving                                                                                                                                                                                         | % DV           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Vitamin A (50% [3,750 IU] as Vitamin A acetate and 50% [3,750 IU] as beta carotene)                                                                                                                        | 7,500 IU 150%  |
| Vitamin C (ascorbic acid)                                                                                                                                                                                  | 175 mg 292%    |
| Vitamin D (as cholecalciferol)                                                                                                                                                                             | 1,000 IU 250%  |
| Vitamin E (as d-alpha tocopheryl succinate)                                                                                                                                                                | 120 IU 400%    |
| Vitamin K (as phytonadione)                                                                                                                                                                                | 80 mcg 100%    |
| Thiamin (as thiamin mononitrate)                                                                                                                                                                           | 25 mg 1,667%   |
| Riboflavin (Vitamin B2)                                                                                                                                                                                    | 25 mg 1,471%   |
| Niacin (as niacinamide)                                                                                                                                                                                    | 50 mg 250%     |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                                                                             | 40 mg 2,000%   |
| Folic Acid                                                                                                                                                                                                 | 400 mcg 100%   |
| Vitamin B12 (as cyanocobalamin)                                                                                                                                                                            | 100 mcg 1,667% |
| Biotin                                                                                                                                                                                                     | 325 mcg 106%   |
| Pantothenic Acid (as d-calcium pantothenate)                                                                                                                                                               | 40 mg 400%     |
| Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant))                                                                                                                 | 100 mg 10%     |
| Iodine (as potassium iodide)                                                                                                                                                                               | 150 mcg 100%   |
| Magnesium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant), as oxide)                                                                                                     | 50 mg 13%      |
| Zinc (as zinc oxide)                                                                                                                                                                                       | 30 mg 200%     |
| Selenium (as sodium selenate)                                                                                                                                                                              | 250 mcg 357%   |
| Copper (as copper sulfate)                                                                                                                                                                                 | 4 mg 200%      |
| Manganese (as manganese sulfate)                                                                                                                                                                           | 5 mg 250%      |
| Chromium (as chromium picolinate)                                                                                                                                                                          | 250 mcg 206%   |
| Molybdenum (as sodium molybdate)                                                                                                                                                                           | 75 mcg 100%    |
| Potassium (as potassium chloride)                                                                                                                                                                          | 5 mg <1%       |
| Prostate Blend with Lycopene Saw Palmetto (berry), Tomato Extract (fruit) providing 1 mg (1,000 mcg) of lycopene                                                                                           | 105 mg **      |
| Orchard Fruits™ Blend Pomegranate (seed), Apple Extract (whole palm fruit); Juice Powders: Grape, Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange, Pineapple | 30 mg **       |