

Supplement Facts

Serving Size: One Packet equals one half serving (26.6 g)

One Serving (53.3 g) Contains:		% DV	One Serving (53.3 g) Contains:		% DV	One Serving (53.3 g) Contains:	% DV
Calories	145		Vitamin B12 (25 mcg as Adenosylcobalami			Curcumin Phytosome ++++ (Curcuma longa	
Calories from Fat	20		and 25 mcg as Methylcobalamin)	50 mcg		extract (root) /	
Total Fat	2 g	3%*	Biotin	150 mcg	50%	Phosphatidylcholine complex) 400 m	g **
Saturated Fat	0 g	0%	Pantothenic Acid			Quercetin Phytosome (Sophora japonica	
Trans Fat	0 g	**	(as Calcium Pantothenate)	50 mg		concentrate (leaf) / Phosphatidylcholine	a **
Cholesterol	0 mg	0%	Calcium (as Calcium Citrate-Malate)	300 mg	30%	complex from Sunflower) 250 m	<u>y</u>
Total Carbohydrate	8 g	3%*	Magnesium	0.20		Taurine††† 110 m	<u>y</u>
Sugars	5 g	**	(as Magnesium Citrate-Malate)	150 mg		Methyl Sulfonyl Methane (MSM) 100 m	g **
Dietary Fiber	2 g	8%*	Zinc (as Zinc Picolinate)	10 mg		Grape Seed Phytosome †††† (Vitis vinifera	a **
			Selenium (as L-Selenomethionine)	70 mcg	100%	extract / Phosphatidylcholine complex) 50 m	g **
Protein	23 g	46%*	Manganese (as Manganese Picolinate)	1.5 mg	75%	Green Tea Phytosome ++++ (Camellia sinensis	
Vitamin A (3,000 IU from Mixed			Chromium (as Chromium	STATES A	Secretary Control	extract (leaf) / Phosphatidylcholine complex) 50 m	
Carotenes and 2,000 IU as Palmitate)	5,000 IU	100%	Chelidamate Arginate)†	100 mcg	83%	Betaine Anhydrous (Trimethylglycine) 50 m	<u>y</u>
Vitamin C (as Ascorbic Acid)	300 mg	500%	Molybdenum (as Molybdenum Picolinate)	50 mcg	67%	N-Acetyl-L-Cysteine††† 50 m	g
Vitamin D (as Vitamin D3)	400 IU	100%	Sodium (as Sodium Chloride)	64 mg	3%	Choline Citrate 30 m	g **
Vitamin E (70 IU from Mixed Tocopherols and			Potassium (as Potassium Citrate-Malate)	300 mg	9%	Sulforaphane Glucosinolate	
50 IU from d-Alpha Tocopherol)	120 IU	400%				(from Broccoli extract (seed)	
Thiamin (as Thiamin HCI)	12 mg	800%	Proprietary Blend††	23 g		(Brassica oleracea italica))+++++ 30 m	
Riboflavin (as Riboflavin 5'-Phosphate So	dium) 5 ma	294%	Pea Protein Isolate		**	Glutathione (Reduced)††† 25 m	<u>y</u>
Niacin (30 mg as Niacinamide and	,		Rice Protein		**	Boron (as Boron Picolinate) 100 mc	
8 mg as Niacin)	38 ma	190%	Glycine†††	1.65 g	**	Vanadium (as Vanadium Picolinate) 50 mc	g **
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	500%	Medium Chain Triglycerides (MCTs)	1.5 g		* Descrit Brillia Values and based and 0.000 calcula	all a A
Folate (150 mcg as Calcium Folinate and			L-Glutamine†††	500 mg	**	* Percent Daily Values are based on a 2,000 calorie	alet.
150 mcg as L-5-Methyltetrahydrofolate from			L-Lysine			**Daily Value (DV) not established.	
L-5-Methyltetrahydrofolic Acid,			(as L-Lysine Monohydrochloride)†††	500 mg	**		
Glucosamine Salt)	300 mca	75%					

Other Ingredients: Cocoa, Flavors, Evaporated Cane Juice Sugar, Glucose, Stevia extract (leaf) Rebaudioside A 95%), Silicon Dioxide, Monk Fruit concentrate (fruit) (Siraitia grosvenorii)††††††.

Contains ingredients derived from soy (phytosomes).

Suggested Use: For adults and children 12 or more years of age. Mix 1 packet with 5 ounces of cold water, juice, rice milk, or nut milk. This product is not a medical food. It is intended to be utilized in conjunction with a complete dietary program. Do not use in diets supplying less than 600 calories per day without complete medical supervision.

Tamper Evident: Use only if packet is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product.

†Thorne's trade name for Chromium (4 oxopyridine,2,6-dicarboxylate, arginate) is UltraChrome®. Its use in this product is protected by U.S. Patent No. 5,665,385.

††VegaLite, Thorne's trade name for proprietary pea / rice protein blend.

†††Added Amino Acids.

†††† This product uses Indena S.p.A.'s green tea phytosome (Greenselect®), grape seed phytosome (Leucoselect®), and curcumin phytosome (Meriva®). Greenselect, Leucoselect, and Meriva are registered trademarks of Indena S.p.A.

†††††The extraction of glucosinolates from cruciferous seeds is protected by U.S. Patent No. 5,725,895. The use of this product is protected by U.S. Patent Nos. 5,968,505 and

5,968,567. true is a trademark of Brassica Protection Products LLC.

†††††This product uses Tate and Lyle's Purefruit Select™ (Monk Fruit concentrate).

Purefruit Select is a trademark of Tate and Lyle Ingredients Americas, LLC.



