

Promotes Sleep Health*



actual size

250
Tablets

dietary
supplement

timed release
melatonin
10 mg

- Helps promote healthy, normal sleep/wake rhythms and patterns*
- Drug-free

Health
Benefits



Sleep*

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B ₆ 10 mg	500%
Melatonin 10 mg	**

** Daily Value (DV) not established.

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Pyridoxine Hydrochloride, Melatonin, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Polyethylene Glycol, Carnauba Wax. May contain sodium chloride.

Suggested Use: Adults - One tablet just prior to or at bedtime as a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30°C (59° - 86°F).

DRUG-FREE

Warning: Take at bedtime only. Melatonin can induce drowsiness and sleep. Pregnant or nursing women, individuals taking sedatives or other medication(s), or persons who have a health condition should consult their physician before using this product. Do not use alcohol, drive a vehicle or operate machinery while taking this product. Do not use prior to surgery.

Nutrition Information: Melatonin is a naturally occurring compound that is produced by the body. It has been associated with normal body rhythms and sleep/wake patterns. Vitamin B₆ helps support melatonin for healthy sleep.*

NO ARTIFICIAL COLORS OR FLAVORS
NO SUGAR • NO LACTOSE • NO GLUTEN
NO TRANS FAT

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DISTRIBUTED BY:
SAM'S WEST, INC.
BENTONVILLE, AR 72716



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100% MONEY BACK GUARANTEE
SUPERIOR QUALITY AND PERFORMANCE

We would like to hear from you with any comments or suggestions. In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.