

21ST
CENTURY®



VITAMIN SUPPLEMENT

PROLONGED RELEASE

Niacin
250 mg

Helps Convert Food into Energy and Helps
Maintain Skin, Digestive & Nervous Systems*

110100 Tablets

Directions: As a vitamin supplement, take one (1) tablet daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast,
Preservatives, Artificial Flavors or Colors.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
Niacin	250 mg 1250%
Calcium (as Calcium Carbonate)	125 mg 12%

Percent Daily Value (DV).

Other Ingredients: Hydroxypropyl
Methylcellulose, Cellulose, Stearic Acid,
Silicon Dioxide, Magnesium Stearate, PEG.



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21st Century®...for a healthier future.

Niacin 250 mg

Niacin (Vitamin B-3) plays a key role in converting food into energy.* It also helps maintain health function of the nervous and digestive systems, and the skin.* Prolonged release vitamins slowly release nutrients into the body over an extended period of time.

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