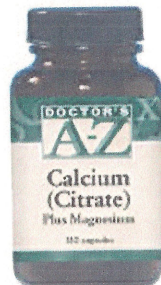


Calcium (Citrate) Plus Magnesium

150/75 mg 180 capsules

Item# DAZ234

More than just calcium is needed to maintain strong bones. It takes a healthy balance of calcium and magnesium. This formula features the ideal 2:1 ratio of calcium to magnesium, delivering 300 mg of calcium and 150 mg of magnesium in each softgel.



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

	Amount Per Serving	% Daily Value
Calcium (from calcium citrate)	300 mg	30%
Magnesium (from magnesium oxide)	150 mg	38%

Other ingredients: Gelatin, magnesium stearate, aspartic acid.

Suggested use: As a dietary supplement, take two capsules three times per day with water.