

At Core Nutritionals efficiency is a philosophy and guiding principle – something we put into everything we do as a company because it's important to everything you do as an athlete.

Core Nutritionals' Core PRO is no different. As an innovative, clinical-strength, and sustained-release protein formula, Core PRO provides your body the fuel it needs, when it needs it. Comprised of an advanced mixture of fast-uptake and sustained-release proteins, our blend optimizes your growth and recovery with a targeted approach to protein kinetics, synthesis, and metabolism. Further enhanced by a powerful digestive enzyme blend, thermo fats (MCTs), and an amino ratio clinically-verified as superior, Core PRO is a metabolically-complete growth solution.†

At the same time, Core PRO does not sacrifice taste for quality. With a gourmet flavor and smooth texture, Core PRO is the best tasting, high quality protein supplement available. †

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Crush It

Manufactured in a cGMP Facility.
Made in the USA.
Distributed by: Core Nutritionals, LLC,
Arlington, Virginia
www.CoreNutritionals.com,
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CORE
NUTRITIONALS

PRO

**SUSTAINED RELEASE
PROTEIN BLEND**

NO
FILLERS

LOW
CARB

THERMO FATS AND
DIGESTIVE BLEND

GLUTEN
FREE

GOURMET
TASTE

CHOCOLATE DELIGHT

DIETARY SUPPLEMENT • NET WEIGHT 937 G (2.07 LBS)

Supplement Facts

Serving Size: 1 scoop (30.3g)

Servings Per Container: 29

	Amount Per Serving	% Daily Value*
Calories	122	
Calories from Fat	18	
Total Fat	2g	4%
Saturated Fat	2g	10%
Trans Fat	0g	0%
Cholesterol	33mg	11%
Sodium	48mg	2%
Potassium	122mg	2%
Total Carbohydrate	3g	1%
Dietary Fiber	0g	0%
Sugars	2g	†
Protein	23g	46%
Vitamin A	13 IU	<1%
Vitamin C	0mg	0%
Calcium	193mg	19%
Iron	<1mg	<5%

† Daily value not established. *Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Protein Blend (Cold-Processed Undenatured Whey Protein Concentrate, Milk Protein Concentrate, Micellar Casein, and Cross-Flow Microfiltered Whey Protein Isolate), Cocos, Medium-Chain Triglycerides (MCTs), Natural Flavors, Sucralose, Digestive Enzyme Blend (Protease 1, Protease 11, Amylase, Lipase, and Lactase).

ALLERGEN INFORMATION: Contains Milk and Soy Lecithin. Processed in a plant that also processes Egg, Wheat, Tree Nuts, and Peanut Ingredients.

DIRECTIONS: Add 1 scoop to 8-8 ounces of cold water and shake or stir until mixed.

• Protect from heat, light and moisture • Store at 10-25°C (50-77°F)