

SUGGESTED USE: Take 1 capsule in the morning and 1 capsule in the afternoon 15-30 minutes before meals with 8 oz. of water.

KEEP YOUR EDGE WITH MANCORE™

ENHANCE ENERGY*

BURN FAT*

INCREASE METABOLISM*

IMPROVE BODY COMPOSITION*

WARNING: Do not exceed recommended serving size. Use only as directed. Not intended for use by persons under 18 or by those with a serious medical condition. Do not use if pregnant or nursing. Please consult your physician before using this product. May cause dehydration, nausea and/or dizziness with inadequate water intake. Stimulant sensitive individuals may experience rapid heartbeat and nervousness. Do not use if tamper resistant seal is broken.

Sports competitors who are subject to rules or regulations regarding the use of supplements are responsible for reviewing all ingredients prior to use and complying with all codes and policies.

Keep out of reach of children.

Store in a cool, dry place and avoid excessive heat.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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MANCORE™



**TOTAL FAT
BURN**

DIETARY SUPPLEMENT

120 CAPSULES

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 120

	Amount Per Serving	%DV
Niacin (as niacinamide)	30 mg	150%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Vitamin B12 (as cyanocobalamin)	30 mcg	500%
Fat Burning Complex	595 mg	†
Green Tea Leaf Extract (98% polyphenols, 45% EGCG) (Camellia sinensis), Caffeine Anhydrous, Synephrine HCl, White Willow Bark Extract (std. to 15% salicin) (Salix alba), Guarana Seed Extract (Paullinia cupana), Yohimbe Bark Extract (std. to 2% yohimbine) (Pausinystalia yohimbe), Green Coffee Bean Extract (std. to 50% chlorogenic acids) (Coffea canephora), Ginger Root Extract (std. to 5% gingerols) (Zingiber officinale)		

† Daily Value (DV) not established

Other Ingredients: Gelatin capsule (titanium dioxide, FD&C Blue #1), rice flour, silicon dioxide, magnesium stearate

Manufactured exclusively for Complete Nutrition
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completenutrition.com

GLUTEN FREE