

VALUE
SIZE!

WOMEN'S

Living Green Liquid-Gel Multi™



Specialized for Women with:

- ✓ Whole Food Concentrates
- ✓ 12 Key Nutrient Groups
- ✓ Vitamin D3, Cranberry & More

120 Liquid Soft-Gels

DIETARY SUPPLEMENT

Directions (Adult): Take three (3) Liquid Soft-Gels per day in divided doses with food and a glass of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels

Servings per Container: 40

Amount per Serving	% Daily Value	Amount per Serving	% Daily Value
Vitamin A (as Beta Carotene)	5001 IU 100%	Biotin	15 mcg 5%
Vitamin C (as Ascorbic Acid)	250 mg 417%	Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 200%
Vitamin D (as Vitamin D3)	400 IU 100%	Calcium (as Calcium Citrate)	50 mg 5%
Vitamin E (as d-Alpha Tocopherol)	200 IU 667%	Magnesium (as Magnesium Amino Acid Chelate)	25 mg 6%
Thiamin (as Thiamine Mononitrate)	20 mg 1333%	Zinc (as Zinc Oxide)	15 mg 100%
Riboflavin	20 mg 1176%	Selenium (as L-Selenomethionine)	75 mcg 107%
Niacin (as Nicotinamide)	20 mg 100%	Copper (as Copper Amino Acid Chelate)	2 mg 100%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg 1000%	Manganese (as Manganese Ascorbate)	2 mg 100%
Folic Acid	600 mcg 150%	Chromium (as Chromium Polynicotinate)	120 mcg 100%
Vitamin B12 (as Methylcobalamin)	60 mcg 1000%	Molybdenum (as Molybdenum Amino Acid Chelate)	225 mcg 300%
Crucial Oil Complex	2510 mg †	Traditional Botanical Blend	21 mg †
Fish oil (30% Omega-3 fatty acids (EPA/DHA), Flax Seed oil (50% ALA), Evening Primrose oil (9% GLA)(seed)		Ashwagandha powder (root), Astragalus (Astragalus membranaceus) powder (root), Bupleurum (Bupleurum chinense) powder (root)	
Antioxidant Blend	60 mg †	Green Super Food Blend	9 mg †
Acai (Euterpe oleracea) Berry extract (4:1), Grape Seed extract (95% proanthocyanidins), Green Tea extract (50% polyphenols)(leaf), Resveratrol, White Tea extract (90% polyphenols)(leaf)		Barley Grass powder, Chlorella powder, Spirulina (Arthrospira platensis) powder	
Fruit and Vegetable Blend	57 mg †	Adrenal Blend	24 mg †
Alfalfa (leaf), Asparagus (aerial), Beet (root), Blueberry (Vaccinium angustifolium) (fruit), Broccoli (aerial), Brussels Sprouts (Brassica oleracea var. gemmifera) (aerial), Cabbage (Brassica oleracea var. capitata) (aerial), Carrot (Daucus carota ssp. sativus) (root), Collards (aerial), Garlic (bulb), Ginger (root), Grape (fruit), Grapefruit (fruit), Lemon (fruit), Onion (bulb), Papaya (fruit), Pineapple (fruit), Spinach (leaf), Tomato (fruit)		American Ginseng powder (root), Asian Ginseng powder (root), Montmorillonite	
Immuno Blend	54 mg †	Brain Blend	18 mg †
Cat's Claw powder (bark), European Elder Berry powder, Garlic powder (bulb)		Ginkgo powder (leaf), Phosphatidylserine	
Amino Acid Blend	54 mg †	Targeted Blend	135 mg †
L-Histidine Hydrochloride, L-Isoleucine, L-Leucine, L-Lysine Hydrochloride, L-Methionine, L-Phenylalanine, L-Threonine, L-5-Hydroxytryptophan, L-Valine		Corn Silk powder, Cranberry (Vaccinium macrocarpon) powder (fruit), Milk Thistle powder (seed)	
		BioPerine Complex	6 mg †
		BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(root)	
		† Daily Value not established	

Other Ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, titanium dioxide, turmeric and sodium copper chlorophyllin.

Contains: Soy, Fish (anchovy, sardine)

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Women's Living Green Liquid-Gel Multi™ sets a new standard in today's world of low nutrition and high stress. Using powerful botanicals from whole living plants, this is not a one-size-fits-all formula... It's targeted to benefit the unique nutrition profile of women. For example, it delivers Vitamin D3, Evening Primrose Oil and Cranberry.

But most importantly, it's one of the world's first multi-nutrient formulas that is delivered in a Liquid Soft-Gel. So what does that mean to you? The nutrients in Soft-Gels are quickly released for use in your body, they're easier to swallow and they do not contain binders and fillers found in tablets, so there's more room for the good nutrients. But the greatest benefit of Soft-Gels is that they can hold special oils, such as Omega-3 Essential Fatty Acids (EFAs). This breakthrough formula combines over 70 nutrients, vitamins and minerals that cover the following 12 categories:

ONE: Full-Spectrum Vitamins	SEVEN: Amino Acid Blend
TWO: Minerals	EIGHT: Traditional Botanical Blend
THREE: Crucial Oil Complex	NINE: Green Super Food Blend
FOUR: Antioxidant Blend	TEN: Adrenal Blend
FIVE: Fruit and Vegetable Blend	ELEVEN: Brain Blend
SIX: Immuno Blend	TWELVE: Targeted Blend

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QUESTIONS: Call Consumer Affairs 1-800-297-3273

Weekdays 8:00 AM to 5:00 PM (PST) • Questions@irwinnaturals.com

Usage Warning: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical condition. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

"These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."



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