

Suggested Usage: Take 1 capsule 1 to 2 times daily with food.

Curcumin is the major bioactive component found in the roots of Turmeric (*Curcuma longa*), a plant belonging to the ginger family. Turmeric has been used as a coloring and flavoring agent in South Asian cuisines for centuries, and it has also been recommended by traditional Ayurvedic herbalists for thousands of years. Curcumin has been extensively researched by modern scientists for its various biological activities.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, have a medical condition, or have any history of liver, gall bladder, or gastrointestinal problems. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

CAPSULE SIZE

CODE 4639D V7



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Curcumin

from Turmeric Root Extract

Herbal Supplement

- Standardized Extract
- 95% Curcuminoids

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Turmeric Root Extract (<i>Curcuma longa</i>)	665 mg*
[Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)]	

* Daily Value not established.

Other ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

