

**Suggested Usage:** Take 2 capsules twice daily with food.

Cinnamon Bark has been used traditionally as a culinary spice and to support proper digestion.\* It is known to possess a number of bioactive constituents that exhibit free radical neutralizing activity and other studies suggest that Cinnamon components may support a balanced immune system response to metabolic stressors of everyday life.\* Additional clinical evidence also indicates that Cinnamon Bark supports healthy glucose metabolism and may help to maintain blood sugar levels already within the healthy range.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if diabetic, hypoglycemic, pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.  
Keep in Bottle.

CAPSULE SIZE

CODE 4637 V4



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# Cinnamon Bark

## 600 mg

Healthy Glucose Metabolism\*

Free Radical Scavenger\*

240 Capsules  
A Dietary Supplement



Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 120

|                                                 | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------------|-----------------------|------------------|
| Calories                                        | 5                     |                  |
| Total Carbohydrate                              | < 1 g                 | < 1%*            |
| Cinnamon<br>( <i>Cinnamomum cassia</i> ) (Bark) | 1.2 g (1,200 mg)      | †                |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule), Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

