

**Suggested Usage:** Take 1 capsule 2 to 3 times daily with food.

Bilberry (*Vaccinium myrtillus*) is the fruit of a small shrub related to blueberry growing in cool, temperate climates. It has been used by herbalists for centuries and modern scientific studies have indicated that Bilberry possesses powerful free radical scavenging properties.\* NOW® Bilberry Complex is a standardized Bilberry Extract with 25% Anthocyanins and is completed with Carrot Powder and Citrus Bioflavonoids.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 4610B VS



CAPSULE SIZE



# Bilberry Complex

Free Radical Scavenger\*

- 80 mg Standardized Extract
- With Beta-Carotene & Riboflavin

50 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%
Riboflavin (Vitamin B-2)	10 mg	588%
Bilberry Extract ( <i>Vaccinium myrtillus</i> ) (Fruit) (min. 25% Total Anthocyanins)	80 mg	†
Carrot Powder	300 mg	†
Citrus Bioflavonoid Complex	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source), Silica and Cellulose Powder.

NOW FOODS, 395 S. Glen Ellyn Rd.  
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

