

Suggested Usage: Take 1 capsule twice daily, or can take 2 capsules right before bedtime.

Herbal Pause™ with EstroG-100® is a patented, clinically studied herbal blend of pure water extracts of *Phlomis umbrosa*, *Cynanchum wilfordii* and *Angelica gigas*. Herbal Pause™ is intended for women suffering from the discomfort often associated with menopause and peri-menopause.* EstroG-100® has demonstrated its ability to relieve hot flashes, night sweats, temporary sleeplessness, nervousness, and difficulty in maintaining a positive outlook related to menopause.†* Herbal Pause™ is an excellent alternative to soy isoflavones and black cohosh.

† 50% of women experienced improvement in at least one menopausal symptom within 7 days of use, with 75% experiencing improvement in at least one menopausal symptom within 14 days.*

Caution: For adults only. Not for pregnant or nursing women. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

CODE 3377 V4



Herbal Pause™ with EstroG-100®

Menopause Relief*

- Patented Herbal Extract Blend
- No Soy, Fast Acting†*

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

EstroG-100®	257 mg*
(a unique blend of extracts of <i>Phlomis umbrosa</i> , <i>Cynanchum wilfordii</i> and <i>Angelica gigas</i> Nakai) (Roots)	

* Daily Value not established.

Other ingredients: Cellulose Powder, Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

EstroG-100® is a registered trademark of SunBio Corporation. Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

