

The Latest Advance in Fiber!

FiberAdvance™ is the most delicious way to help you reach your daily fiber minimum. Two great tasting, all-natural gumdrops provide 4 grams of soluble fiber to help you supplement your fiber intake. No water needed and great for on-the-go.

Fiber is an important part of a balanced diet and overall health.

- Contains no preservatives.
- Free from wheat, milk, eggs, tree nuts, peanuts.

ChromaX
Chromax is a registered trademark of Nutrition 21, Inc.

Manufactured by:
Santa Cruz Nutritionals, 2200 Delaware Avenue
Santa Cruz, CA 95060 866-942-2429

See bottom of bottle for expiration date and lot information.

ITEM# 01014



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Supplements Your Fiber Intake

Promotes digestive health†
Increases the feeling
of fullness†
A good source of
Prebiotic Fiber

The American Dietetic Association defines an adequate amount of daily fiber as 20 – 35 grams, yet the average American consumes only 14 – 15 grams per day.

KEEP OUT OF REACH OF CHILDREN.

Sealed for your protection.
Keep in a dry area away from
direct light.

Do not store product over 80°F.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO SUGAR ADDED

Fiber Advance Gummies

Weight Management†
A Delicious Way to Take Fiber!



All Natural Mixed Berry Flavors

90 GUMMIES • FIBER SUPPLEMENT

All Natural Fruit Flavors

Strawberry • Cran-Raspberry •
Blueberry

DIRECTIONS: Adults should chew two gummies per day (no water needed). Reduce daily dosage if minor gas or bloating occurs.

AGE	DOSEAGE
Adults	2 gummies daily†† (4g fiber)

††Not to exceed 4 gummies per day.

Supplement Facts

Serving Size: 2 Gummies
Servings Per Container: 45

Amount Per Serving	% Daily Value
Calories	15
Total Carbohydrate	6 g 2% *
Dietary Fiber	4 g 16% *
Soluble Fiber	4 g **
Sugars	<1 g **
Chromium (as Chromium Picolinate)	200 mcg 167%

* Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Chicory root fiber (inulin), gelatin, citric acid, lactic acid, natural flavors, colors added (black carrot juice concentrate, purple berry extract), fractionated coconut oil, carnauba wax, lemon fruit concentrate.