Suggested Usage: Take 2 capsules daily as needed with 8-12 oz. of water.

NOW® ENERGY combines a comprehensive array of nutrients and dietary ingredients to fill up your body with energy.* This product has been formulated with ingredients such as B Vitamins, Green Tea, Panax Ginseng, and Rhodiola to support thermogenesis, energy production, and adrenal function.* Caffeine is present in this product as a naturally occurring constituent of herbal ingredients such as Guarana, Yerba Mate, and Green Tea.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has approx. 62 mg of natural caffeine per serving (equivalent to about 1/2 cup of coffee).

Caution: For adults only. This product contains Niacin which may cause temporary flushing, tingling or skin reddening. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Discontinue use if nervousness, sleeplessness or nausea occur. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

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NOW®

ENERGY

Energy Boost*

Metabolic Energy
and Adrenal Support*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopheryl Succinate)	15 IU	50%
Thiamin (Vitamin B-1) (from Thiamin HCl)	8 mg	533%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3)	25 mg	125%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	100%
Iodine (from Kelp)	150 mcg	100%
Chromium (from Chromium Chelavite®)	200 mcg	167%
Potassium (from Potassium Aspartate)	55 mg	2%
Guaraná Extract (*Paullinia cupana*) (Seed) (42 mg of naturally occurring caffeine)	280 mg	†
Green Tea Extract (*Camellia sinensis*) (Leaf) (up to 16 mg of naturally occurring caffeine)	200 mg	†
Panax Ginseng (Root)	150 mg	†
Eleuthero (*Eleutherococcus senticosus*) (Root)	150 mg	†
Rhodiola Extract (*Rhodiola rosea*) (Root)	100 mg	†
Licorice (*Glycyrrhiza glabra*) (Root)	100 mg	†
Gotu Kola (*Centella asiatica*) (Whole Plant)	100 mg	†
Yerba Mate Extract (*Ilex paraguariensis*) (Leaf) (4 mg of naturally occurring caffeine)	50 mg	†
Cayenne (*Capsicum annuum*) (Fruit)	50 mg	†
Alpha Lipoic Acid	15 mg	†
CoQ10	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule) and Magnesium Stearate (vegetable source). Vitamin E from non-GMO soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

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QUALITY GMP ASSURED