

Good-Night™ is a fast acting formula that works in harmony with your natural sleep cycle to support a sound, tranquil sleep so you can awaken refreshed and energized without any grogginess.* Good-Night™ helps to balance the brain's internal sleep-wake system and supports healthy nervous system function.* The product is designed for anyone suffering from chronic sleeplessness, experiencing jet lag, or anyone who wishes to improve the quality of their sleep.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains: No Artificial Color, Flavor, Sweetener or Preservatives, No Starch, No Dairy, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No GMOs, No Animal Ingredients.

Caution: For adult use only. If you are under medical supervision, or are taking tranquilizers or sedatives, seek the advice of your physician prior to using melatonin. Do not use melatonin if you have an auto-immune condition, endocrine disorder, or if you are pregnant or lactating. Don't take this product while operating a motor vehicle or machinery. Not to be taken by individuals under the age of 16. Store at room temperature. Do not use if seal is broken.

Dietary Facts: Good-Night™ contains the amino acid 5-HTP, which can help you get to sleep faster and reduce nighttime waking; melatonin, a hormone that helps initiate sleep; and L-Theanine (patented Suntheanine®), from green tea, a stress reducer that can enhance the quality of sleep.* Good-Night™ is non-habit forming.*

Suntheanine® is protected under U.S. Patent Nos. 6,831,103; 6,589,566; 6,297,280 and is a registered trademark of Taiyo International, Inc.



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Good-Night™

CHEWS TO SNOOZE®

Relax your mind, fall asleep naturally
with no morning grogginess!*



30 Chewable
Tablets

Recommended Adult Dose: Chew 1–2 tablets 30–45 minutes before bedtime.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	7.5	**
Total Carbohydrates	1.75 g	‡
Sugars	1.5 g	**
Suntheanine® L-Theanine	100 mg	**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (Seed)	15 mg	**
Melatonin	1.5 mg	**

‡ Percent Daily Value is based on a 2,000 calorie diet

** Daily Value not established.

Other ingredients: Organic cane juice, xylitol, stearic acid, silica, natural flavors (pineapple, banana, pomegranate, mango, passion fruit, peach), citric acid, vegetable grade magnesium stearate.

Recyclable container. R0

TROPICAL FRUIT FLAVOR