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SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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WOOD BETONY

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Wood Betony Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Wood Betony leaf & flower

†

(*Stachys officinalis*) Ⓢ extract 671 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (52-62%), distilled water & vegetable glycerin. **GLUTEN-FREE**

Ⓢ Certified Organic

Ⓢ Equivalent to approx. 175 mg of herb.

Dry herb / menstruum ratio: 1 : 4

We prepare our Wood Betony Extract from the leaf & flower of *Stachys officinalis* plants which are **Certified Organically Grown** on our own farm.

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