

Kava Liquid Extract
Promotes Peaceful Relaxation
*Reduces Stress & Frustration**

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Kava rhizome & root

(*Piper methysticum*)Ⓔ extract 580 mgⒺ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (90-100%).

GLUTEN-FREE

Ⓔ Purity Verified

Ⓔ Equivalent to approximately 700 mg of herb.

Dry herb / menstruum ratio: 1 : 1

Herb Pharm's Kava is grown and harvested in the remote Vanuatu Islands in the South Pacific. Our Kava is prepared from the whole rhizome & root (never peel, stem or leaf) of 4 to 8 year-old *Piper methysticum* plants, and is extracted using only pharmaceutical-grade alcohol (never industrial solvents).

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

rhizome & root

KAVA

NERVOUS SYSTEM

Calming & Stabilizing



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to
2 oz. of water or juice, two to five times
per day. Best taken between meals.

Caution: FDA advises that a potential risk of rare, but severe, liver injury may be associated with Kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

Keep Out of the Reach of Children

Store away from heat & light

