



SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to five times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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OAT SEED

NERVOUS SYSTEM

Restore & Tone



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Oat Seed Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Oat "milky" seed

†

(*Avena sativa*) ⓄⓄ extract 647 mg Ⓞ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (48-58%) & distilled water. **GLUTEN-FREE**

Ⓞ Certified Organic Ⓞ Fresh (undried)

Ⓞ Equiv. to approximately 350 mg fresh herb.

Fresh herb / menstruum ratio: 1 : 2

We prepare our Oat Seed Extract from the fresh (undried) seed of *Avena sativa* which is **Certified Organically Grown** on our own farm.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS