



SUGGESTED USE

SHAKE WELL BEFORE USING
Add one full squeeze of the dropper bulb to 2 oz.
of water or juice, two to four times per day.
Best taken between meals

Caution: Seek expert medical advice
before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

CALIFORNIA POPPY

NERVOUS SYSTEM

Calming



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

013

California Poppy Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 168
Amount Per Serving	% DV
California Poppy whole flowering plant (<i>Eschscholzia californica</i>) [Ⓞ] [Ⓣ] extract 633 mg [ⓔ]	†
† Daily Value (DV) not established	

Other Ingredients: certified organic alcohol
(56-66%) & distilled water. **GLUTEN-FREE**

- Ⓞ Certified Organic Ⓣ Fresh (undried)
ⓔ Equivalent to approx. 400 mg fresh herb.

Fresh herb / menstruum ratio: 1 : 1.75

We prepare our California Poppy Extract from
fresh (undried) whole flowering *Eschscholzia
californica* plants which are **Certified
Organically Grown** on our own farm.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS