

PRODUCT #05009

DIRECTIONS: As a dietary supplement, take before bedtime with juice or food. Adults—four (4) tablets; Teens—two (2) tablets; Pre-Teens—one (1) tablet. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, corn, soy, yeast, sugar, starch or any artificial ingredients.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

MANUFACTURED FOR
MICHAEL'S®
NATUROPATHIC PROGRAMS
PO BOX 34914
SAN ANTONIO, TX 78265
A Division of Inner Health Group, Inc.

Consumer Information Services
Voice Mail: 800-845-2730

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council



Visit our website: www.michaelshealth.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a physician or Poison Control Center immediately.

michael's®
naturopathic programs

essential minerals™

comprehensive spectrum
macro, micro & trace minerals

240 vegetarian & kosher tablets
mineral supplement

tried & truthful



Supplement Facts

Serving Size: Four (4) Tablets
Servings Per Container: 60

Amount Per Serving		% Daily Value
Calcium (as Calcium Citrate)	400 mg	40%
Iron (as Iron Amino Acid Chelate)	2 mg	11%
Iodine (from Kelp)	120 mcg	80%
Magnesium (as Magnesium Citrate)	400 mg	100%
Zinc (as Zinc Monomethionine**)	16 mg	107%
Selenium (as L-Selenomethionine)	12 mcg	17%
Manganese (as Manganese Amino Acid Chelate)	8 mg	400%
Chromium (as Chromium Polynicotinate**)	20 mcg	17%
Potassium (as Potassium Amino Acid Chelate)	80 mg	2%
Betaine Hydrochloride	100 mg	*
ConcenTrace®*** Ailalfa	24 mg	*
(Ionic Trace Mineral Complex from the Great Salt Lake, 72 naturally occurring minerals, plus other minerals found in seawater)		

*Daily Value not established.

OTHER INGREDIENTS: Stearic Acid, Dicalcium Phosphate, Microcrystalline Cellulose, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**OptiZinc® and ChromeMate® are Trademarks of InterHealth Nutraceuticals, Inc.

***ConcenTrace® is a Trademark of Trace Minerals Research.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

⚡ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

H111414

Scan for more product information.

