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Store away from heat & light

Keep Out of the Reach of Children

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

BLESSED THISTLE

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Blessed Thistle Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Blessed Thistle whole flowering herb
(*Cnicus benedictus*) Ⓞ extract 664 mg Ⓞ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (43-53%) & distilled water. **GLUTEN-FREE**

Ⓞ Certified Organic

Ⓢ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Blessed Thistle Extract from the whole flowering herb of **Certified Organically Grown** *Cnicus benedictus* plants.

HERB PHARM • WILLIAMS, OR 97544

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS