NATURE'S BEST...NOTHING LESS!

Ground-Based NUTRITION

superfood protein™

Ground-Based Nutrition is an innovative leader in the natural food supplement industry. We pride ourselves on using the highest quality natural whole food ingredients. We use no artificial sweeteners, colors, flavors, dyes, additives, or preservatives.

Superfood Protein is a convenient all-in-one nutritional shake which contains a blend of plant-based proteins, greens, fiber, healthy fats, vitamins, minerals and digestive enzymes.

Plant-Based Protein: Multisource organic protein blend from organic pea protein isolate, organic whole grain brown rice protein, organic hemp protein, organic sacha inchi protein and organic cranberry protein.†

Greens: Organic vegetable blend from organic broccoli, organic kale, organic spinach, organic chlorella, and organic spirulina.†

Fiber: Natural soluble and insoluble fiber from vegetable sources.†

Healthy Fats: Essential fatty acids (EFAs) from plant-based protein blend and medium-chain triglycerides (MCTs) derived from coconut oil.†

Vitamins & Minerals: Spirulina and maca provide naturally occurring vitamins and minerals.†

Digestive Enzymes: A proprietary enzyme blend facilitates the breakdown of nutrients.†

plant-based protein blend

organic

vegan

no soy, dairy or whey

20g of protein

greens & fiber

gluten free

no artificial colors, flavors, or dyes

Vegetarian Society Approved

Paleo Approved

Gluten Free

USDA ORGANIC

Nutrition Facts

Serving Size: 2 Scoops (27g)
Servings per Container: Approximately 20

Amount Per Serving	
Calories 100	Calories From Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 30mg	1%
Total Carbohydrate 2g	1%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 20g	40%
Vitamin A 6% •	Vitamin C 2%
Calcium 4% •	Iron 35%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500 mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Ground-Based® Organic Protein Blend (Organic Pea Protein, Organic Brown Rice Protein, Organic Hemp Protein, Organic Sacha Inchi Protein, Organic Cranberry Protein), Organic Broccoli, Organic Spinach, Organic Kale, Protease, Organic Spirulina, Coconut Oil, Organic Cracked Cell Chlorella, Organic Maca Root, Papain, Bromelain.

Directions:

Mix 2 scoops in 8 ounces of cold water or your favorite non-dairy beverage such as almond milk. For optimal health, take one or more servings daily. Superfood Protein can also be added to your favorite smoothie recipe.

Visit us online at www.ground-based.com for smoothie recipes and more information.

STORE IN A COOL DRY PLACE

8 58310 00418 4

Made in USA

v. 0001

Net Wt. 18.8oz (534g) 20 Servings

Ground-Based Nutrition,LLC.
7130 Miramar Road, Suite 100A
San Diego, CA. 92121
www.ground-based.com

Ground-Based NUTRITION

#GroundBased