

TRUTH

We pledge total truth in labeling. Our family of products contains only the purest and most potent ingredients. **Guaranteed.**

Other ingredients: stearic acid, cellulose, calcium stearate, silicon dioxide, pharmaceutical glaze.

Contains: Soy.

This product is free of rice.

Color of this product may vary due to color variations of the natural ingredients.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant or nursing, consult your healthcare practitioner before taking this product.

WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Keep out of reach of children. Store in a cool, dry place.

ChromMate® is a Registered Trademark of InterHealth N.L.

CHROMEMATE®



Distributed by DaVinci® Laboratories of Vermont
a division of FoodScience® Corp.
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www.davincilabs.com
To obtain product information or report a
serious adverse event, call 1-800-325-1778

0200195.120

DaVinci® *Laboratories of Vermont*

SPECTRA™ WOMAN

*A Multiple Vitamin/Mineral Supplement for Women
with Grape Seed Extract and GLA from Evening Primrose Oil*

120 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A			
(100% Beta Carotene) 7,500 IU	150%	Molybdenum (as Mo AAC) 25 mcg	33%
Vitamin C (as Ascorbic Acid and Ca Ascorbate) 500 mg			
835%		Potassium (as K Citrate) 25 mg	1%
Vitamin D3 (as Cholecalciferol) 200 IU			
50%		Boron (as B AAC) 0.5 mg	*
Vitamin E (as d-alpha Tocopheryl Succinate) 200 IU			
867%		Nickel (as Ni Sulfate) 0.25 mcg	*
Vitamin K1 (Phytonadione) 2.5 mcg			
3%		Silicon (from Horsetail Rush) 3 mg	*
Thiamin 35 mg			
2333%		Vanadium (as Vanadyl Sulfate) 10 mcg	*
Riboflavin 35 mg			
2059%		Choline (as Choline Citrate and Bitartrate) 35 mg	*
Niacin (as Nicotinamide & Niacin) 35 mg			
175%		Inositol 35 mg	*
Vitamin B6 (as Pyridoxine HCl and Pyridoxal 5-Phosphate) 35 mg			
1750%		PABA (Para-aminobenzoic acid) 35 mg	*
Folic Acid 250 mcg			
63%		L-Cysteine (Enteric Coated) 50 mg	*
Vitamin B12 (as Methylcobalamin) 35 mcg			
583%		L-Glutamine 50 mg	*
Biotin 300 mcg			
100%		D-Methionine (Enteric Coated) 50 mg	*
Pantothenic Acid (as Ca Pantothenate) 35 mg			
350%		L-Aspartic Acid 75 mg	*
Calcium (as Ca Carbonate and Ca Citrate) 500 mg			
50%		Octacosanol (from sugar cane) 500 mcg	*
Iron (as Fe Aspartate, Fe Glycinate & Fe Fumarate) 9 mg			
50%		Soy Lecithin 50 mg	*
Iodine (from Kelp) 35 mcg			
29%		Grape Seed Extract 10 mg	*
Magnesium (as Mg Carbonate) 180 mg			
45%		Gamma Linolenic Acid (from primrose oil) 5 mg	*
Zinc (as Zn Gluconate) 10 mg			
67%		RNA (Ribonucleic Acid) 5 mg	*
Selenium (as Se AAC & Selenomethionine) 25 mcg			
36%		Mixed Citrus Bioflavonoids 100 mg	*
Copper (as Cu AAC) 0.026 mg			
1%		Hesperidin 12.5 mg	*
Manganese (as Mn Gluconate) 2.5 mg			
125%		Rutin 12.5 mg	*
Chromium (as Cr polynicotinate)* 25 mcg			
21%		Pectin 12.5 mg	*
		Betaine Hydrochloride 10 mg	*
		Bromelain 2 mg	*
		Papain 2 mg	*
		Cellulase Enzymes 2 mg	*
		A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase 8 mg	
		* Daily Value not established.	

ChromMate® brand niacin-bound chromium.

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