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HERBS

## Throat Shield™



### RapidRelief™ Herbal Tea

**Supports throat hydration  
& immune health\***

Herbal Dietary Supplement

1 TEA BAG (1.8 g) CAFFEINE-FREE

**Ingredients:** Peppermint leaf ▲ (*Mentha x piperita*), Licorice root ▲ (*Glycyrrhiza glabra*), Sage leaf ▲ (*Salvia officinalis*), Fennel fruit ▲ (*Foeniculum vulgare*), Grindelia aerial part ▲ (*Grindelia robusta*), Marshmallow root ▲ (*Althaea officinalis*), Peppermint leaf essential oil (*Mentha x piperita*), Sage leaf essential oil (*Salvia officinalis*)

▲ Certified Organic Ingredient

Distributed by:  
Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712.  
Certified by Oregon Tilth.  
Manufactured for Gaia Herbs by Aboca S.p.A. - Italy.  
Product of Italy. This unit not labeled for retail sale.

### Suggested Use

Adults pour one cup of freshly boiled water over tea bag and steep, covered, for 10 minutes. Drink daily as needed. See product warning on box.  
Keep away from children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### RapidRelief™

You can maintain optimum health, when you give your body the right support. Gaia Herbs' RapidRelief™ products deliver results fast so you don't interrupt your active life.

### Throat Shield™ Herbal Tea

Sipping Throat Shield™ tea, with its soothing Marshmallow and Sage leaf, helps maintain the normal protective lining of the throat by providing hydration and immune support.\* Polysaccharides and resins offer immune supportive characteristics that promote a normal inflammatory response in the mucous membranes of the throat.\* Essential oils of Peppermint and Sage provide both great taste and a cooling sensation.

### A partnership of mutual beliefs

Throat Shield™ Herbal Tea is produced in Tuscany, Italy by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

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Soothing  
Comfort



Sage



## Throat Shield™

### RapidRelief™ Herbal Tea

**Supports throat hydration  
& immune health\***

Herbal Dietary Supplement

20 (1.8 g) TEA BAGS Net Wt. 1.41 oz (40 g) CAFFEINE-FREE

## Supplement Facts

Serving Size 1 tea bag  
Servings Per Container 20 tea bags

|                                                            | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------|-----------------------|------------------|
| Dietary Fiber                                              | less than 1 g         | 3%*              |
| Peppermint leaf ▲ ( <i>Mentha x piperita</i> )             | 540 mg                | †                |
| Licorice root ▲ ( <i>Glycyrrhiza glabra</i> )              | 396 mg                | †                |
| Sage leaf ▲ ( <i>Salvia officinalis</i> )                  | 225 mg                | †                |
| Fennel fruit ▲ ( <i>Foeniculum vulgare</i> )               | 225 mg                | †                |
| Grindelia aerial part ▲ ( <i>Grindelia robusta</i> )       | 216 mg                | †                |
| Marshmallow root ▲ ( <i>Althaea officinalis</i> )          | 180 mg                | †                |
| Peppermint leaf essential oil ( <i>Mentha x piperita</i> ) | 14 mg                 | †                |
| Sage leaf essential oil ( <i>Salvia officinalis</i> )      | 4 mg                  | †                |

\* Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established

▲ = Certified Organic Ingredient

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### PRODUCT OF ITALY

### Suggested Use

Adults pour one cup of freshly boiled water over tea bag and steep, covered, for 10 minutes. Drink once daily as needed.

If you have a medical condition or take medications please consult with your doctor before using this product. Licorice should not be taken if you have kidney or liver disease, hypertension, edema, excessive potassium depletion or during pregnancy. Consult with your practitioner if breast feeding.  
**Keep away from children.**

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C24020  
[04]780-0614

With soothing  
marshmallow  
& tasty mint



## Teas which honor nature's Purity, Integrity, & Potency

Gaia Herbs teas are all-natural herbal supplements, with each cup delivering a delicious taste experience as well as fast-acting support\*. We protect the potency and taste of our teas with foil-lined, flavor-seal pouches and protect our planet with tea bags tied without the use of staples or glues.

Teas are the most traditional way of taking herbal support\*. For decades, Gaia Herbs has been an industry leader, delivering herbal solutions for adults and children through capsules, liquid extracts, and syrups. For optimal support, combine this tea with Throat Shield™ Spray or Lozenges.

Track the life story of each herb in your tea by entering its ID# at [GaiaHerbs.com](http://GaiaHerbs.com)

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