



At SoTru, we source the finest whole superfoods on the planet, then unlock the plants full nutritional potency using the ancient art of fermentation, creating the most easily digestible and bioavailable products possible for your optimal health and vitality.[†]

SoTru Protein was formulated to provide an exceptional, organic source of vegan protein blended from Rice, Amaranth, Quinoa and Medicinal Mushrooms to support your healthful, active lifestyle.[†]

- Great-tasting, natural organic flavor
- Proprietary SoTru vegan, plant protein blend
- Well balanced Amino Acid Profile
- 18 grams of hypoallergenic plant-based protein
- Fermented Green Superfood Blend for maximum nutrient absorption[†]
- Supports athletic recovery and muscular development[†]
- Supports ideal body composition and healthy weight management[†]
- Digestive enzymes and a stable probiotic for optimal gut health[†]
- Dairy-Free, Soy-Free, Gluten-Free
- Only 110 calories per serving

So Simple. So Good. SoTru.



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

soTru[®]
FERMENTED
WHOLE FOOD
NUTRITION

ORGANIC FERMENTED PROTEIN & GREENS

VEGAN SUPERFOOD SHAKE



18g of Plant Protein
Per Serving



Promotes
Energy & Satiety[†]



Vegan &
All Natural



SERVINGS

21



NET WT 20 OZ (1.25 LB) 567g DIETARY SUPPLEMENT

Suggested Use: Add one scoop to 8-16 ounces of water, almond milk, a smoothie or your favorite beverage.

Supplement Facts

Serving Size 1 Scoop (27 g)

Servings Per Container 21

	Amount Per Serving	% Daily Value
Calories	110	
Total Fat	1g	2%*
Total Carbohydrate	4g	1%*
Dietary Fiber	1g	4%*
Sugars	1g	
Protein	18g	
Organic Plant Protein Blend	22.3g	**
Brown Rice Protein, Quinoa, Amaranth, Mushroom Blend ^{††} [Reishi, King Trumpet (<i>Pleurotus eryngii</i>), Lion's Mane (<i>Hericium ernicaceus</i>), Cordyceps, Himematsutake (<i>Agaricus blazei</i>), Turkey Tails, Shiitake, Maitake]		
Organic Greens Blend	3.41g	**
Fermented Grass Blend (Barley Grass, Alfalfa Grass, Wheatgrass, Oat Grass), Spirulina, Chlorella		
Organic Fermented Fruit & Veggie Blend	500mg	**
Carrot, Cranberry, Blueberry, Apple, Broccoli, Parsley, Spinach, Kale		
Digestive Blend	11mg	**
Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase), Probiotics (<i>Bacillus coagulans</i>)		

*Percent Daily Values based on a 2000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Organic Flavors, Xanthan Gum, Organic Stevia Leaf Extract, Citric Acid. ^{††}Fermented on Organic Oats.

CONTAINS: Wheat (Wheatgrass).

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Certified Organic by Quality Assurance International

