ORGANIC FERMENTED

# SOTRU®

FERMENTED WHOLE FOOD NUTRITION

# PROTEIN & GREENS

## VEGAN SUPERFOOD SHAKE

18g of Plant Protein Per Serving

PromotesEnergy & Satiety†

Vegan & All Natural

SERVINGS 1

USDA ORGANIC | NON GMO | GLUTEN FREE

Net Wt. 27 g (0.95 oz) Dietary Supplement

**Suggested Use:** Add to 8-16 ounces of water, almond milk, a smoothie or your favorite beverage.

## Supplement Facts

Serving Size 1 packet (27 g) Servings Per Container 1

| | Amount Per Serving | % Daily Value |
|---|---|---|
| Calories | 110 | |
| Total Fat | 1g | 2%* |
| Total Carbohydrate | 4g | 1%* |
| Dietary Fiber | 1g | 4%* |
| Sugars | 1g | |
| Protein | 18g | |
| **Organic Plant Protein Blend** | 22.3g | ** |
| Brown Rice Protein, Quinoa, Amaranth, Mushroom Blend†† [Reishi, King Trumpet (*Pleurotus eryngii*), Lion's Mane (*Hericium erinaceus*),Cordyceps, Himematsutake (*Agaricus blazei*),Turkey Tails, Shiitake, Maitake] | | |
| **Organic Greens Blend** | 3.41g | ** |
| Fermented Grass Blend (Barley Grass, Alfalfa Grass, Wheatgrass, Oat Grass), Spirulina, Chlorella | | |
| **Organic Fermented Fruit & Veggie Blend** | 500mg | ** |
| Carrot, Cranberry, Blueberry, Apple, Broccoli, Parsley, Spinach, Kale | | |
| **Digestive Blend** | 11mg | ** |
| Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase), Probiotics (*Bacillus coagulans*) | | |

*Percent Daily Values based on a 2000 calorie diet. **Daily value not established.

OTHER INGREDIENTS: Organic Flavors, Xanthan Gum, Organic Stevia Leaf Extract, Citric Acid. ††Fermented on Organic Oats.

CONTAINS: Wheat (Wheatgrass).

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Certified Organic by Quality Assurance International

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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