Mineral Complement:
05008 ESSENTIAL MINERALS – 120 TABS
05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04401

DIRECTIONS: As a dietary supplement, take two (2) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S®
NATUROPATHIC PROGRAMS
PO BOX 34914
SAN ANTONIO, TEXAS 78265
A Division of Inner Health Group, Inc.

Consumer Information Services
Voice Mail: 800-845-2730

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council
"PARVE"

Visit our website:
www.michaelshealth.com

michael's®
naturopathic programs

lab tested • gluten free

teen girls tabs

daily multi vitamin

vitamin & herb supplement
90 vegetarian &
kosher tablets

tried & truthful

Supplement Facts

Serving Size: Two (2) Tablets — Servings Per Container: 45

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU	200%
Vitamin C (as Calcium Ascorbate)	200 mg	333%
Vitamin D3 (as Cholecalciferol) (from Lanolin)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU	333%
Vitamin K2 (Menaquinone 7, MK-7) (from Geraniol [Pine])	10 mcg	13%
Thiamin (as Thiamin Mononitrate)	40 mg	2667%
Riboflavin	40 mg	2353%
Niacin (as Niacinamide)	40 mg	200%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg	2000%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 300 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	150 mcg	38%
Vitamin B-12 (as Methylcobalamin)	500 mcg	8333%
Biotin	400 mcg	133%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg	800%
Zinc (as Zinc Monomethionine***)	10 mg	67%
Manganese (as Manganese Amino Acid Chelate)	10 mg	500%
Proprietary Blend	**440 mg**	*

Parsley Leaf (Petroselinum sativum), Inositol, Bioflavonoids (from Citrus), Flax Seed Extract (55% alpha-Linolenic Acid), Choline (as Choline Bitartrate), PABA (Para-aminobenzoic Acid), Dong Quai Root (Angelica sinensis), Dandelion Root (Taraxacum officinale), Rutin and Hesperidin

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**Quatrefolic® is a registered trademark of Gnosis S.p.A.
***OptiZinc® is a Trademark of InterHealth Nutraceuticals, Inc.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.
072314

Scan for product information.

7 55929 04401 6