

Since 1972

In addition to GLA, black currant seed (*Ribes nigrum*) oil provides two essential fatty acids, linoleic acid and alpha-linolenic acid, and the unique stearidonic acid.

**Recommendation:** Take one capsule with a meal three times daily.

*This container was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.*

REFRIGERATE AFTER OPENING

Product of U.S.A.



## BLACK CURRANT OIL

Provides essential fatty acids

*Dietary Supplement*

90 CAPSULES

Stock No. 1810-9  
NATURE'S SUNSHINE  
PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225  
www.naturessunshine.com ©2011

### Supplement Facts

Serving Size 1 Capsule

#### Amount Per Capsule

Black Currant Seed (*Ribes nigrum*) Oil 250 mg\*  
Providing 12% gamma-linolenic acid

\*Daily Value not established

Other Ingredients: Capsule (gelatin, water),  
glycerin.

**GUARANTEED PURE**

**Immune System Support**

LOT: