

Mineral Complement:

05008 ESSENTIAL MINERALS – 120 TABS
05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04302

DIRECTIONS: As a dietary supplement, take three (3) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S®
NATUROPATHIC PROGRAMS
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SAN ANTONIO, TEXAS 78265
A Division of Inner Health Group, Inc.

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Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council



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NEW
Smaller Size
Tablets

for
women
daily multi vitamin

vitamin & herb supplement
180 vegetarian &
kosher tablets

tried & truthful



Supplement Facts

Serving Size: Three (3) Tablets

Servings Per Container: 60

| Amount Per Serving | | % Daily Value |
|---|-----------|---------------|
| Vitamin A (as Beta Carotene) | 15,000 IU | 300% |
| Vitamin C (as Calcium Ascorbate) | 300 mg | 500% |
| Vitamin D ₃ (as Cholecalciferol) (from Lanolin) | 400 IU | 100% |
| Vitamin E (as d-alpha Tocopheryl Succinate) | 200 IU | 667% |
| Vitamin K ₂ (Menaquinone 7, MK-7) (from Geraniol (Pine)) | 10 mcg | 33% |
| Thiamin (as Thiamin Mononitrate) | 60 mg | 4000% |
| Riboflavin | 60 mg | 3529% |
| Niacin (as Niacinamide) | 100 mg | 500% |
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 60 mg | 3000% |
| Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 100 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt **) | 50 mcg | 13% |
| Vitamin B-12 (as Methylcobalamin) | 150 mcg | 2500% |
| Biotin | 150 mcg | 50% |
| Pantothenic Acid (as d-Calcium Pantothenate) | 100 mg | 1000% |
| Iodine (from Kelp) | 150 mcg | 100% |

Proprietary Blend 1.24 g (1235 mg) *
Dong Quai Root (Angelica sinensis), Bioflavonoids (from Citrus), Choline (as Choline Bitartrate), Dandelion Root (Taraxacum officinale), Flax Seed, Inositol, Licorice Root (Glycyrrhiza glabra), Wild Yam Root (Dioscorea opposita), PABA (Para-aminobenzoic Acid), Blessed Thistle (Whole Plant) (Cnicus benedictus), Red Raspberry Leaf (Rubus idaeus), Squawvine Leaf (Mitchella repens), Betaine Hydrochloride, Hesperidin and Rutin

*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

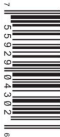
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Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

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