

21<sup>ST</sup>  
CENTURY®



VITAMIN SUPPLEMENT

PROLONGED RELEASE

B-12

1000 mcg



Promotes Tissue Growth & Maintenance and  
is Essential for Red Blood Cell Formation\*

Easy-to-Swallow Smaller Tablet - ~~110~~ 100 Tablets

**Directions:** Take one (1) tablet daily with any meal for maximum results, or as directed by your healthcare provider. Do not exceed recommended dosage.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

**Gluten Free.** No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.



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**Supplement Facts**

Serving Size: 1 Tablet

| Amount Per Serving                    | % DV†          |
|---------------------------------------|----------------|
| Vitamin B-12<br>(as Cyanocobalamin)   | 1000mcg 16667% |
| Calcium (as Calcium Carbonate) 100 mg | 10%            |

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Stearic Acid, Hydroxypropyl Methylcellulose, Silicon Dioxide, Magnesium Stearate.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROUDLY MANUFACTURED BY  
**21<sup>ST</sup> Century HealthCare, Inc.**  
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21st Century®...for a healthier future.

**Vitamin B-12 1000 mcg**

21<sup>ST</sup> Century Vitamin B-12 (Cyanocobalamin) promotes maintenance and growth of tissue and is essential for red blood cell formation.\* Prolonged release vitamins slowly release nutrients into the body over an extended period of time.\*

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