

Directions: As a vitamin supplement, take one (1) or two (2) tablets daily with any meal or as directed by your healthcare provider. Place tablet under tongue for 30 seconds before swallowing. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children.

Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Preservatives, Artificial Flavors or Colors. **Gluten free**



501204-0914

21ST
CENTURY®



VITAMIN SUPPLEMENT

QUICK DISSOLVE

B Complex



CHERRY
FLAVOR

Supports the Nervous
System and
Circulatory Function*

60 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV
Vitamin B-6 (as Pyridoxine HCL)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	1000 mcg	16667%
Biotin	30 mcg	10%

Percent Daily Value (DV).

Other Ingredients: Sucrose, Polyplasdone, Natural Cherry Flavor, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Sucralose.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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21st Century®...for a healthier future.

Quick Dissolve B Complex

21ST Century Quick Dissolve B Complex is a great tasting cherry flavored supplement that combines Vitamin B-12 with Vitamin B-6, Folic Acid, and Biotin for nervous system and cardiovascular system support.*

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