

gaia
HERBS

Gas & Bloating

RapidRelief™ Herbal Tea

Fast acting support for
digestive discomfort*

Herbal Dietary Supplement

1 TEA BAG (2 g)

CAFFEINE-FREE

Ingredients: Fennel fruit ♦ (Foeniculum vulgare), Licorice root ♦ (Glycyrrhiza glabra), Chamomile flower ♦ (Matricaria recutita), Star Anise fruit ♦ (Illicium verum), Caraway fruit ♦ (Carum carvi), Peppermint leaf ♦ (Mentha piperita), Fennel fruit essential oil ♦ (Foeniculum vulgare)

♦ = Organic ingredient
♦ = Ecologically Harvested

Distributed by:
Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712.
Product of Italy. Manufactured for Gaia Herbs by Aboca S.p.A. - Italy. This unit not labeled for retail sale.

Suggested Use

Adults pour one cup of freshly boiled water over tea bag and steep, covered, for 10 minutes. Drink before bed as needed.

See product warning on box.
Keep away from children.

RapidRelief™

You can maintain optimum health, when you give your body the right support. Gaia Herbs' RapidRelief® products deliver results fast so you don't interrupt your active life.

Gas & Bloating Herbal Tea

It is a common occurrence to eat too quickly or eat foods that your body may not agree with. This may result in a feeling of fullness accompanied by digestive gas and bloating. This unique tea formulation combines herbs such as Peppermint, Caraway and Licorice Root with Fennel seed essential oil to sooth your digestive system and provide fast acting support for occasional digestive discomfort.*

A partnership of mutual beliefs

Gas & Bloating Herbal Tea is produced in Tuscany, Italy by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

gaia
HERBS

Gentle
& Reliable



Gas & Bloating

RapidRelief™ Herbal Tea

Fast acting support for
digestive discomfort*

Herbal Dietary Supplement

20 (2 g) TEA BAGS Net Wt. 1.41 oz (40 g) CAFFEINE-FREE

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 20 tea bags

	Amount Per Serving	% Daily Value
Calories 5		
Dietary Fiber	less than 1 g	4%*
Fennel fruit ♦ (Foeniculum vulgare)	680 mg	†
Licorice root ♦ (Glycyrrhiza glabra)	400 mg	†
Chamomile flower ♦ (Matricaria recutita)	300 mg	†
Star Anise fruit ♦ (Illicium verum)	200 mg	†
Caraway fruit ♦ (Carum carvi)	200 mg	†
Peppermint leaf ♦ (Mentha piperita)	200 mg	†
Fennel fruit essential oil ♦ (Foeniculum vulgare)	20 mg	†

* Percent Daily Values are based on a 2,000 calories diet.

† Percent Daily Value not established

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PRODUCT OF ITALY

Suggested Use

Adults pour one cup of freshly boiled water over tea bag and steep, covered, for 10 minutes. Drink after a meal.

If you have a medical condition or take medications please consult with your doctor before using this product. Licorice should not be taken if you have kidney or liver disease, hypertension, edema, excessive potassium depletion or during pregnancy. Consult with your practitioner if breast feeding. Keep away from Children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CT18020
[06] 780-0614

Balanced tones
of Rooibos,
Citrus and Mint



Teas which honor nature's Purity, Integrity, & Potency

Gaia Herbs teas are all-natural herbal supplements, with each cup delivering a delicious taste experience as well as fast-acting support.* We protect the potency and taste of our teas with foil-lined, flavor-seal pouches and protect our planet with tea bags tied without the use of staples or glues.

Teas are the most traditional way of taking herbal support. For decades, Gaia Herbs has been an industry leader, delivering herbal solutions for adults and children through capsules, liquid extracts, and syrups. For optimal support, combine this tea with *Gas & Bloating* vegetarian capsules.

Track the life story of each herb in your tea by entering its ID# at GaiaHerbs.com

meet your herbs

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