

Mineral Complement:

05008 ESSENTIAL MINERALS – 120 TABS

05009 ESSENTIAL MINERALS – 240 TABS

PRODUCT #04100

DIRECTIONS: As a dietary supplement, take two (2) tablets in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
PO BOX 34914

SAN ANTONIO, TEXAS 78265

A Division of Inner Health Group, Inc.

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Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council



Visit our website: www.michaelshealth.com

michael's®
naturopathic programs



teen boys tabs

daily multi vitamin

vitamin & herb supplement
60 vegetarian &
kosher tablets

tried & truthful

**Supplement Facts**

Serving Size: Two (2) Tablets

Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	10,000 IU 200%
Vitamin C (as Calcium Ascorbate)	200 mg 333%
Vitamin D3 (as Cholecalciferol) (from Lanolin)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU 333%
Vitamin K2 (Menquinone 7, MK-7) (from Geraniol (Pine))	10 mcg 13%
Thiamin (as Thiamin Mononitrate)	40 mg 2667%
Riboflavin	40 mg 2353%
Niacin (as Niacinamide)	80 mg 400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	40 mg 2000%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 250 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	125 mcg 31%
Vitamin B-12 (as Methylcobalamin)	500 mcg 8333%
Biotin	40 mcg 13%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg 800%
Zinc (as Zinc Monomethionine***)	15 mg 100%

Proprietary Blend	505 mg
Parsley Leaf (Petroselinum sativum), Choline (as Choline Bitartrate), Inositol, Bioflavonoids (from Citrus), Flax Seed Extract (55% alpha-Linolenic Acid), PABA (Para-aminobenzoic Acid), Oriental Ginseng Root (Panax ginseng), Pumpkin Seed (Cucurbita pepo), Saw Palmetto Berry (Serenoa serrulata), Rutin and Hesperidin	

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

**Quatrefolic® is a registered trademark of Gnosis S.p.A.

***OptiZinc® is a Trademark of InterHealth Nutraceuticals, Inc.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

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