

SUGGESTED USE: Take 2 tablets daily or as directed by your healthcare practitioner. This product does not contain iron. Take your Bariatric Advantage iron supplements at least 2 hours before or after this product.

WARNING: If pregnant or nursing consult your physician before use. Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5000 IU (retinyl acetate) of preformed vitamin A per day unless instructed to do so by a physician. If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms contact your physician.

ALLERGY INFORMATION: This product contains: milk and soy.

This product does not contain wheat, gluten, egg, nuts, tree nuts, fish, or crustacean shellfish.

Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.



Metagenics[®]

Genetic Potential Through Nutrition

Bariatric Advantage[®]

NUTRITIONAL SUPPLEMENTS

Complete Multi Formula

Natural and Artificial Vanilla Flavor

Dietary Supplement

180 CHEWABLE TABLETS

Supplement Facts

Serving Size 2 Chewable Tablets

Servings Per Container 90

Amount/Tablet	% DV	Amount/Tablet	% DV
Calories.....	10	Calcium (calcium citrate)	200 mg 20%
Total Carbohydrate.....	2 g <1%*	Magnesium (magnesium citrate) ..	50 mg 13%
Sugars	1 g **	Zinc (zinc citrate).....	15 mg 100%
Vitamin A (75% as 10,000 IU.....	200%	Selenium (as selenomethionine)100	mcg 143%
beta-carotene and 25% as retinyl acetate)		Copper (as copper citrate)	2 mg 100%
Vitamin C (as sodium 120 mg.....	200%	Manganese (as manganese citrate) 2	mg 100%
ascorbate and ascorbic acid)		Chromium (as chromium 120 mcg.....	100%
Vitamin D ₃ (as cholecalciferol) ..	1000 IU 250%	picolinate)	
Vitamin E (as d-alpha 30 IU.....	100%	Molybdenum (as molybdenum.....	75 mcg 100%
tocopheryl succinate)		aspartate complex)	
Thiamin (as thiamin mononitrate) ..	6 mg 400%	Citrus Bioflavonoid Complex... 12.5	mg **
Riboflavin	3.4 mg 200%	Inositol	5 mg **
Niacin (as niacinamide).....	50 mg 250%	Choline (as choline bitartrate) ...	2 mg **
Vitamin B ₆ (as pyridoxine HCl) ...	4 mg 200%	Vanadium (as vanadyl sulfate) ...	25 mcg **
Folate (as folic acid)	800 mcg 200%		
Vitamin B ₁₂	100 mcg ... 1667%		
(as cyanocobalamin)			
Biotin	600 mcg 200%		
Pantothenic Acid	30 mg 200%		
(as d-calcium pantothenate)			

Other Ingredients: Chewable base (fructose, mannitol, natural flavors), dextrose, natural and artificial flavors, stearic acid (vegetable), sucralose (artificial sweetener), and magnesium stearate (vegetable). Contains: Milk and soy.

Formulated by **Bariatric Advantage**
Division of Metagenics, Inc.
San Clemente, CA 92673

For more information or to report an adverse event, call 1.800.898.6888 or visit www.bariatricadvantage.com.

Made in the U.S.A.