

Suggested Use

Adults take 60 drops in a small amount of water 15-20 minutes before meals 3 times daily.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Keep away from children.

Use only as directed on label.

Safety sealed for your protection.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GaiaHerbs.com

HERBAL EXTRACT

Sweetish Bitters

Promotes digestive health*

gaia[®]
HERBS

DIETARY SUPPLEMENT 2 FL OZ (59ML)

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Supplement Facts

Serving Size 60 Drops [2 ml]

Servings Per Container About 30

Amount Per Serving

Proprietary Extract Blend 2 ml†

Turmeric root ▲ (*Curcuma longa*),
Milk Thistle seed extract ▲ (*Silybum
marianum*), Wild Yam root +
(*Dioscorea villosa*), Dandelion root ▲
(*Taraxacum officinale*), Gentian root
▲ (*Gentiana lutea*), Cardamom seed
▲ (*Elettaria cardamomum*), Fennel
seed ▲ (*Foeniculum vulgare*), Ginger
root ▲ (*Zingiber officinale*),
Brown Seaweed fronds +, Kelp
fronds + (*Laminaria digitata*), Dulse
fronds + (*Palmaria palmata*), Amla
fruit extract + (*Phyllanthus emblica*),
Bitter Orange peel essential oil +
(*Citrus x aurantium*), Anise seed
essential oil + (*Pimpinella anisum*)

Herb Strength Ratio 1:1.7

†Daily Value not established

Other ingredients: Alcohol USP (50-60%) and water.

▲ =Organic Ingredient + =Ecologically Harvested

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