

Suggested Use

Adults take 40-60 drops of extract at onset in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Keep away from children.

Use only as directed on label.

Safety sealed for your protection.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GaiaHerbs.com

**ALCOHOL
FREE**

Melissa Supreme

Supports healthy focus & calmness*

gaia
HERBS

DIETARY SUPPLEMENT 4 FL OZ (120ML)

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Supplement Facts

Serving Size 40 Drops
Servings Per Container 90

AMOUNT PER SERVING

PROPRIETARY EXTRACT BLEND †

Lemon Balm herb ▲ (*Melissa officinalis*), German Chamomile flowers ▲ (*Matricaria recutita*), Passionflower flowering vine ▲ (*Passiflora incarnata*), fresh Skullcap herb ▲ (*Scutellaria lateriflora*), fresh Wild Oats Milky seed ▲ (*Avena sativa*), Gotu Kola leaf ▲ (*Centella asiatica*), mineral salts extracted from Kelp + (*Laminaria digitata*)

HERB STRENGTH RATIO: 1:2.5

†Daily Value not established.

Other Ingredients: Pure vegetable glycerin and water.

▲ = Organic Ingredient

+ = Ecologically Harvested

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