

Since 1972

Nervous & Structural System Support

SAM-e helps the body with mood, emotional well-being, energy, liver health, joint health, and mobility. It is a natural compound found in every living cell and is involved in important biochemical reactions throughout the body, especially in the manufacture of neurotransmitters in the brain and maintenance of cartilage.* For best results, take SAM-e with NSP's Folic Acid Plus and Vitamin B₁₂.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Recommendation: Take 1 tablet once or twice daily with one glass (8 oz.) of water on an empty stomach.

Refrigerate after opening.

Caution: Store in a cool dry place out of the reach of children. If you are taking prescription antidepressants or have bipolar (manic) depression, consult your physician before or during the use of this product.

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.



Enteric Coated

SAM-e
S-Adenosylmethionine

- **Mood, Emotional Well-Being, Energy***
- **Joint Mobility & Liver Health***
- **Enteric Coated Tablets**

Dietary Supplement
30 TABLETS

Stock No. 1845-2

Distributed Exclusively by:

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

www.naturessunshine.com

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet

SAM-e (from S-Adenosylmethionine Tosylate Disulfate)	200 mg*
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*Daily Value not established

Other Ingredients: Cellulose (plant fiber), mannitol, glycerol behenate, silicon dioxide (powdered silica), magnesium stearate (vegetable), acrylates copolymer, magnesium silicate, triethyl citrate, glycerol palmitostearate, medium chain triglycerides, iron oxide (natural color), titanium dioxide.

GUARANTEED PURE

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LOT:
Full Potency Through: