

## PRODUCT #01284

**DIRECTIONS:** As a dietary supplement, take four (4) tablets with breakfast or, for optimal results, take two (2) tablets with breakfast and two (2) tablets with lunch. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, gluten, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

**CAUTION: Keep out of reach of children.**

MANUFACTURED FOR  
**MICHAEL'S®**  
**NATUROPATHIC PROGRAMS**  
PO BOX 34914  
SAN ANTONIO, TX 78265  
A Division of Inner Health Group, Inc.

Consumer Information Services  
Voice Mail: 800-845-2730

Certified by: Rabbi Alan Silver, M.D.  
Orthodox Jewish Council

Visit our website:  
[www.michaelshealth.com](http://www.michaelshealth.com)

⚡ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

michael's®  
naturopathic programs



for  
**women's**  
**changes™**

now with  
**BORON**

complete menopause support\*

red clover • wild yam...  
180 vegetarian & kosher tablets  
vitamin, mineral &  
herb supplement

**tried & truthful**



## Supplement Facts

Serving Size: Four (4) Tablets  
Servings per Container: 45

Amount Per Serving	% Daily Value	
Vitamin C (as Calcium Ascorbate)	150 mg	200%
Vitamin E (as d-alpha Tocopheryl Succinate)	150 IU	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	7500%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	1500%
Calcium (as Calcium Amino Acid Chelate, Calcium Ascorbate)	100 mg	10%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Amino Acid Chelate)	100 mg	25%

<b>Proprietary Blend</b>	<b>1.75 g (1753 mg)</b>	*
Wild Yam Root (Dioscorea villosa), Red Clover Extract (Aerial Part) (Trifolium pratense) (8% Flavones), Dong Quai Root (Angelica sinensis), Licorice Root (Glycyrrhiza glabra), PABA (Para-aminobenzoic Acid), Passionflower (Whole Plant) (Passiflora incarnata) and Boron (as Boron Amino Acid Chelate)		

\*Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Natural Glaze.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

H040815

Scan for more product information.

