

**BARLEAN'S HIGH POTENCY
FISH OIL SWIRL HAS THE TASTE AND
TEXTURE OF A FRUIT SMOOTHIE.**

With over 1,850 mg of Omega-3s per serving, everyone can enjoy the benefits of a super-charged dose of omega-3 without the fishy taste and oily texture.

- Proprietary Amplified Absorption™ & Emulsification Technology
- Made with Barlean's Premium Fresh Catch® Natural Triglyceride Fish Oil
- 1,500 mg of EPA/DHA per Serving
- No Artificial Flavors or Colors
- Sugar Free: Naturally Sweetened with Xylitol
- **Gluten Free**

± AMPLIFIED ABSORPTION*

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

PURITY GUARANTEED: Third party laboratory tested - free of harmful environmental contaminants.

SUGGESTED USE: 1 Tbsp daily. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

SHAKE WELL. Keep out of reach of children. Do not give to pets.



FRESHNESS DATING



Omega Swirl

ULTRA HIGH POTENCY

FISH OIL

**AMPLIFIED
ABSORPTION™**

**EPA/DHA
1,500 mg
PER SERVING**

**Smoothie Taste
and Texture**

Citrus Sorbet

NET WT. 16 oz / 454 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)
Servings Per Container 29

	Amount Per Serving	% Daily Value
Calories	70	
Calories from Fat	50	
Total Fat	5 g	8%*
Saturated Fat	1.5 g	8%*
Trans Fat	0 g	†
Polysaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	35 mg	12%
Total Carbohydrate	5 g	2%*
Vitamin E	6 IU	20%

Omega-3 Polyunsaturated Fat:

Eicosapentaenoic Acid (EPA)	910 mg	†
Docosahexaenoic Acid (DHA)	590 mg	†
Other Omega-3 Fatty Acids	300 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and/or Mackerel), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, antioxidant (Vitamin E (as d-alpha tocopherol), canola oil, rosemary extract, and ascorbyl palmitate), beta carotene, and sorbic acid.

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TO A BETTER LIFE:**

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