

Since 1972

Rutin
Wheat Germ
Rose Hips Extract (*Rosa canina*)
Acerola Fruit Extract (*Malpighia glabra*)

*Daily Value not established

Other Ingredients: Capsule (gelatin, water), cellulose (plant fiber), magnesium stearate (vegetable), silicon dioxide (powdered silica).

GUARANTEED PURE

Vital Nutrition Support

RECOMMENDATION

Take one capsule with a meal three times daily.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

Product of U.S.A.

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Yeast-Free



B-COMPLEX

Vitamin Supplement

100 CAPSULES

Stock No. 1778-9

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

www.naturesunshine.com ©2011

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	%Daily Value	
Thiamin (Vitamin B ₁)	33 mg	2200%
Riboflavin (Vitamin B ₂)	33 mg	1941%
Niacinamide	33 mg	165%
Vitamin B ₆ (pyridoxine HCl)	33 mg	1650%
Folic Acid	133 mcg	33%
Vitamin B ₁₂ (cyanocobalamin)	33 mcg	550%
Biotin	100 mcg	33%
Pantothenic Acid (d-calcium pantothenate)	33 mg	330%
Choline (bitartrate)	33 mg	*
Inositol	33 mg	*
Proprietary Blend	150 mg	*
Lemon Bioflavonoid Extract		
Para-Aminobenzoic Acid (PABA)		

LOT:

Full Potency Through: