

**Suggested Usage:** Take 1 softgel 1 to 2 times daily with food.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

The natural fish oil concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants). Those who experience nausea or reflux from other fish oils should find this enteric-coated, odor-controlled softgel easier to tolerate.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with yeast, wheat, gluten, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening.

Please Recycle.

CODE 1661 VS



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SOFTGEL SIZE



# Ultra Omega-3

500 EPA / 250 DHA

Cardiovascular Support\*

- Molecularly Distilled - Enteric Coated
- Supports Brain Health\*

90 Softgels

A Dietary Supplement CHOLESTEROL-FREE

Omega-3/Fish Oils

Family owned since 1968.

## Supplement Facts

Serving Size 1 Softgel

|                              | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------|-----------------------|------------------|
| Calories                     | 10                    |                  |
| Calories from Fat            | 10                    |                  |
| Total Fat                    | 1 g                   | 2%*              |
| Saturated Fat                | < 0.5 g               | < 1%*            |
| Trans Fat                    | 0 g                   | †                |
| Polyunsaturated Fat          | 1 g                   | †                |
| Monounsaturated Fat          | < 0.5 g               | †                |
| Cholesterol                  | 0 mg                  | 0%               |
| Natural Fish Oil Concentrate | 1 g (1,000 mg)        | †                |
| Omega-3 Fatty Acids:         |                       |                  |
| Eicosapentaenoic Acid (EPA)  | 500 mg                | †                |
| Docosahexaenoic Acid (DHA)   | 250 mg                | †                |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Softgel Capsule (gelatin, glycerin, enteric coating, water) and Vitamin E (as natural d-alpha tocopherol).

Contains fish (sardines, anchovies, mackerel). Vitamin E from soy.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA nowfoods.com

Fish oil is product of Peru.

