

VITAMIN CODE®

DOES YOUR LIQUID MULTI HAVE THE CODE?

The **RAW Food-Created Nutrients™** in **Vitamin Code®** formulas are individually cultivated with their unique **Code Factors™** intact, enabling natural recognition of nutrients by your body.

WHAT IS A CODE FACTOR™?

The known, and yet to be discovered synergistic compounds found in food and necessary for proper nutrient delivery. Providing these **Code Factors™** infuses the essential elements of whole foods that the body thrives upon.

Feed your body with **Vitamin Code® Liquid**, a comprehensive multivitamin formula made with **RAW Whole Food Vitamins and Minerals**—providing targeted delivery of essential vitamins and minerals for extraordinary health and vitality.†

Your body is designed to recognize and utilize nutrients best when they come from food. Each individual nutrient delivered to your body from food comes intact with its own specific and unique cofactors that tell your body where and how to utilize that nutrient. When vitamins or minerals are isolated from food or synthesized in a lab, their cofactors can be removed, inhibiting their ability to effectively nourish your body. While a diet rich in RAW, whole foods is the best way to consume nutrients, if you are going to supplement, you should seek out a whole food liquid multivitamin formula with **RAW Whole Food Vitamins and Minerals**.

Go beyond vitamins and minerals with **Vitamin Code® Liquid**. You only get one body, so feed it nutrients as nature intended.

- ▶ **Mental & Physical Energy†**
 - Vitamin B Complex, Chromium, Iron
- ▶ **Immune Support†**
 - Vitamins A, C, D, Selenium, Zinc
- ▶ **Healthy Heart†**
 - Vitamin B Complex, Vitamins C, E
- ▶ **Healthy Metabolism†**
 - Vitamin B-Complex, Chromium
- ▶ **Antioxidant Cellular Protection†**
 - Vitamins C, E
- ▶ **Healthy Joints and Bones†**
 - Vitamins A, C, D, Calcium, Magnesium, Zinc

Vitamin Code® Liquid—A Tradition of Innovation

The First and Only Liquid Multivitamin with FoodStable™

- 100% Whole Food Preservation System—No Chemical Preservatives
- No Sodium Benzoate or Potassium Sorbate
- 100% RAW Whole Food Vitamins and Minerals—No Isolates or Synthetic Nutrients

No other liquid multivitamin that we know of can make these claims.

www.RawVitamins.com

Distributed by **Garden of Life LLC**
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Made in Canada www.gardenoflife.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

vitamin angels
For every Vitamin Code® bottle sold, a donation will be made to Vitamin Angels and their Operation 20/20 program to eliminate Vitamin A deficiency in the world by the year 2020.

Garden of Life®

We Support



RAW
ENERGY

BEYOND VITAMINS & MINERALS

VITAMIN CODE® Liquid

MULTIVITAMIN FORMULA

Made with RAW Whole Food
Vitamins and Minerals

No Isolates or Synthetic Nutrients

FoodStable™ 100% Whole Food Preservation System
No Sodium Benzoate or Potassium Sorbate

46 Superfoods, Including 34 RAW Organic Fruits,
Veggies and Sprouts

Vegetarian • Gluten Free • Dairy Free • No Artificial Colors or Flavors

30 FL OZ (900 mL)

Whole Food Dietary Supplement



Suggested Use: Adults take 1 capful (approximately 1 fl. oz.) daily with food. Shake bottle well, serve cold and may be diluted with water. For optimal freshness, refrigerate after opening and use entire contents within 60 days. Not intended for children.

Supplement Facts

Serving Size 1 Capful (Approximately 1 fluid ounce or 30 ml)
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	25	Mixed Tocopherols*	13 mg +
Total Carbohydrate	5 g 1%	alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrienol, beta-tocopherol, gamma-tocopherol	
Dietary Fiber	1 g 4%	Mixed Carotenoids*	12 mg +
Protein	< 1 g 2%	alpha-carotene, gamma-carotene, lycopene	
Vitamin A* (as beta-carotene)	5,200 IU 104%	RAW Organic Fruit & Vegetable Blend	150 mg +
Vitamin C*	240 mg 400%	Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Beet Juice (root), Organic Carrot Juice (root), Organic Spinach Juice (leaf), Organic Broccoli Juice (flower & stem), Organic Tomato Juice (fruit), Organic Kale Juice (leaf), Organic Red Cabbage Juice (leaf), Organic Parsley Juice (leaf), Organic Brussels Sprout Juice (leaf), Organic Green Bell Pepper Juice (fruit), Organic Cucumber Juice (gourd), Organic Celery Juice (stalk), Organic Garlic Juice (bulb), Organic Ginger Juice (root), Organic Green Onion Juice (root), Organic Cauliflower Juice (flower & stem), Organic Asparagus Juice (flower & stem)	
Vitamin D*	1,000 IU 250%	RAW Citrus C Blend	50 mg +
Vitamin E*	27 IU 90%	RAW Amla Berry, Grapefruit Bioflavonoids (Naringin, Isoraringin, Naringenin, Neohesperidin, Neohesperidin, Poncirin, Hesperidin, Rhotinol)	
Vitamin K*	100 mcg 125%	RAW Organic Mushroom Mycelia Blend	50 mg +
Thiamin* (Vitamin B ₁)	8 mg 533%	Organic Reishi (<i>Ganoderma lucidum</i>), Organic Maitake (<i>Grifola frondosa</i>), Organic Shiitake (<i>Lentinula edodes</i>), Organic Cordyceps (<i>Cordyceps sinensis</i>), Organic Lion's Mane (<i>Hericium erinaceus</i>), Organic Zhuiling (<i>Polyporus umbellatus</i>), Organic Fuling (<i>Poria cocos</i>), Organic Turkey Tail (<i>Trametes versicolor</i>), Organic Blazer (<i>Aegerius blazei</i>), Organic White Wood (<i>Tremella fuciformis</i>)	
Riboflavin* (Vitamin B ₂)	8 mg 470%	RAW Organic Sprout Blend	50 mg +
Niacin* (as Niacinamide)	40 mg 200%	Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout	
Vitamin B ₆ *	8 mg 400%		
Folate*	400 mcg 100%		
Vitamin B ₁₂ *	100 mcg 1667%		
Biotin*	300 mcg 100%		
Pantothenic Acid*	40 mg 400%		
Calcium*	20 mg 2%		
Magnesium*	10 mg 3%		
Iron*	3 mg 15%		
Iodine*	150 mcg 100%		
Zinc*	8 mg 55%		
Selenium*	125 mcg 179%		
Copper*	2 mg 100%		
Manganese*	4 mg 200%		
Chromium*	120 mcg 100%		
Molybdenum*	75 mcg 100%		
Potassium*	50 mg 1%		

* Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

Other ingredients: Purified water, vegetable glycerin, medium chain triglycerides, apple juice, RAW organic apple cider vinegar, organic lemon juice, natural flavor (fruit punch), algae, *Lactobacillus bulgaricus*, *Saccharomyces cerevisiae*, rebaudioside A (stevia), citrus extract and grapefruit seed extract (to preserve freshness). Contains tree nuts (coconut).

*To learn more about the **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to www.gardenoflife.com.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Do not use if safety seal is broken or missing.

Keep out of reach of children. Use only as directed.

Contains no filler ingredients. No artificial colors, flavors, preservatives or sweeteners.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Recyclable Bottle

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We Buy 100% Certified Renewable Energy