

Suggested Usage: Take 1 softgel 1 to 3 times daily with food.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

The natural fish oil concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants). Those who experience nausea or reflux from other fish oils should find this enteric-coated, odor-controlled softgel easier to tolerate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with yeast, wheat, gluten, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

SOFTGEL SIZE

CODE 1656 VS



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Molecularly Distilled Omega-3

Odor Controlled - Enteric Coated

Cardiovascular Support*

- 180 EPA / 120 DHA
- Cholesterol-Free
- Supports Heart Health*

90 Softgels

A Dietary Supplement

Omega-3/Fish Oils

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	< 0.5 g	2%*
Trans Fat	0 g	†
Polyunsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Natural Fish Oil Concentrate	1 g (1,000 mg)	†
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	180 mg	†
Docosahexaenoic Acid (DHA)	120 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, enteric coating, glycerin, water) and Vitamin E (as natural d-alpha tocopherol).

Contains fish (sardines, anchovies, mackerel). Vitamin E from soy.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Fish oil is product of Peru.

Store in a cool, dry place after opening. Please Recycle.

