

Since 1972

Vital Nutrition Support

GUARANTEED PURE

Vitamin B-Complex, Balanced is suitable for vegetarians both because of its high level of B₁₂ and because no animal byproducts are used. Since the same amount of each B vitamin is not necessarily needed by the body, this formula is balanced to assist B₁₂ absorption.

RECOMMENDATION

Take one tablet daily with a meal.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

Product of U.S.A.



BALANCED B COMPLEX

Dietary Supplement
120 TABLETS

Stock No. 1625-4

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

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Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%Daily Value	
Thiamin (B ₁)	5 mg	333%
Riboflavin (B ₂)	6 mg	353%
Niacin (niacinamide)	50 mg	250%
Vitamin B ₆ (pyridoxine HCl)	9 mg	450%
Folic Acid	400 mcg	100%
Vitamin B ₁₂ (cyanocobalamin)	50 mcg	833%
Biotin	100 mcg	33%
Pantothenic Acid (d-calcium pantothenate)	45 mg	450%
Calcium (di-calcium phosphate)	120 mg	12%
Phosphorus (di-calcium phosphate)	90 mg	9%

Other Ingredients: Cellulose (plant fiber), stearic acid (vegetable), inositol, choline, para-amino benzoic acid (PABA), magnesium stearate (vegetable), cabbage leaves (*Brassica oleracea* var. *capitata*), rice bran polish.

LOT:
Full Potency Through: