TABLET SIZE

7 33739 01275 3

CODE 1275D
V6

SUGGESTED USAGE: Take 2 tablets daily with food. Can be taken in divided doses.

Cal-Mag Stress Formula is a mix of Calcium, Magnesium, Vitamin C, and a full range of B-vitamins which aid in the production of energy.* Vitamin C, in addition to its function as an antioxidant, helps to support a normal adrenal response.* This product also provides the daily recommended levels of Calcium and Magnesium, both of which are necessary for skeletal health.* All together NOW® Cal-Mag Stress Formula has essential minerals and nutrients required for optimal daily functioning.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

NOW®

Cal-Mag

STRESS FORMULA*

with B-Complex and Vitamin C

100 Tablets

A Dietary Supplement
Vegetarian/Vegan

QUALITY GMP ASSURED

Supplement Facts

Serving Size 2 Tablets Servings Per Container 50

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	120 mg	200%
Thiamin (Vitamin B-1) (from Thiamin HCl)	10 mg	667%
Riboflavin (Vitamin B-2)	5 mg	294%
Niacin (Vitamin B-3) (as Niacinamide)	40 mg	200%
Vitamin B-6 (from Pyridoxine HCl)	5 mg	250%
Folate (Folic Acid)	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	20 mcg	333%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	20 mg	200%
Calcium (from Calcium Carbonate, Calcium Citrate, Calcium Ascorbate)	1 g (1,000 mg)	100%
Magnesium (from Magnesium Oxide, Magnesium Citrate, Magnesium Ascorbate)	500 mg	125%
Choline (from Choline Bitartrate)	20 mg	†
Inositol	20 mg	†
PABA	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA www.nowfoods.com

Store in a cool, dry place after opening. Please Recycle.

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