

TABLET SIZE



CODE 1272E

V4

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Calcium & Magnesium combines two essential minerals that work together to maintain several critical physiological processes.* They are both necessary for normal neural, muscular, and blood vessel function, as well as for the maintenance of proper bodily fluid balance.* Calcium and Magnesium also support the formation and maintenance of a healthy skeleton.*

SUGGESTED USAGE: Take 2 tablets daily. Can be taken in divided doses.



Calcium & Magnesium

SUPPORTS BONE HEALTH*

- High Potency
- 2:1 Ratio

250 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 125

	Amount Per Serving	% Daily Value
Calcium (from Calcium Carbonate, Calcium Citrate, Calcium Ascorbate)	1 g (1,000 mg)	100%
Magnesium (from Magnesium Oxide, Magnesium Citrate, Magnesium Ascorbate)	500 mg	125%

Other ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA www.nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

