

NATURALLY SWEETENED • NO ARTIFICIAL COLORS • NO ARTIFICIAL FLAVORS

Health professionals and nutritionists recognize the importance of Omega-3 fatty acids for overall health and well-being.* Research shows that Omega-3s are essential for the healthy structure and function of every cell membrane in the body. For this reason, dietary Omega-3 consumption is increasingly recommended for all infants, children and adolescents. Still, getting kids to eat fish and other Omega-3 rich foods can be extremely challenging. That's why we've created a convenient and tasty dietary supplement that can boost your child's daily intake of these healthy Omega-3 fatty acids.*

Taste, Taste, Taste — No longer do your kids have to suffer through the fishy bad taste of Omega-3s. Omega-3 Citrus Chews are by far one of the most delicious chewable Omega-3 products on the market today.

Balanced EPA & DHA — Using Meg-3® brand fish oil, this product contains only the highest quality Omega-3 oils. The active ingredients are EPA and DHA, two essential fatty acids that play a key role in the structure of the brain, the nerve tissue and the retina of the eye.* We ensure that each and every delicious Chewy Fruity Soft Chew contains 105mg of EPA and DHA.

Antioxidant Support — Your child's rapidly dividing cells are especially vulnerable to damaging free radicals.* So we've added Vitamin C, a well-known free radical fighter, to provide additional support during this time of tremendous growth and development.*

What makes us different:

It's About Taste — Most of us at Irwin Naturals® have kids of our own. And we listened to them very carefully when we developed this product. What do they want? They want supplements that are mouth wateringly delicious. So after countless rounds of taste testing, we are proud to present you with our pride and joy... a children's line that is healthy enough to exceed your standards but enjoyable for your kids... a win-win combination.

Quality Assurance — We at Irwin Naturals® are committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

Global Responsibility — Over the years we have donated to organizations that support the environment and the health of our children.

Usage Warnings: Do not use if safety seal is broken. Check with your child's doctor before using this product if they are using medication or have any medical conditions. This product is intended for use by children under adult supervision. Do not exceed recommended daily intake. Do not use if you are pregnant or nursing. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sweetened with Agave[†]

IRWIN KIDS®

Omega-3 Citrus-Chews®

An Excellent Source of DHA & EPA for Kids of all Ages!

MEG-3

SUPER CITRUS SOFT CHEWS

30 CHEWY FRUITY SOFT CHEWS
DIETARY SUPPLEMENT

DIRECTIONS: For children 2 years of age and older, take one (1) soft chew daily with food. Instruct child to chew soft chew thoroughly.

Supplement Facts

Serving Size: 1 Soft Chew

Servings per Container: 30

	Amount per Soft Chew	%Daily Value for Children 2-3 years old	%Daily Value for Children 4 years & older
Calories	25		
Calories from Fat	10	†	1%**
Total Fat	1 g	†	2%**
Cholesterol	5 mg	†	2%**
Total Carbohydrate	4 g	†	1%**
Sugars	3 g	†	†
Vitamin C (as Ascorbic Acid)	7 mg	18%	12%
Sodium	10 mg	†	<1%**
EPA (Eicosapentaenoic acid)	63 mg	†	†
Omega-3 Fatty Acid (from Fish Oil)			
DHA (Docosahexaenoic acid)	42 mg	†	†
Omega-3 Fatty Acid (from Fish Oil)			

**% Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Evaporated cane juice, rice syrup, fish oil (anchovy, sardine), gelatin, soy lecithin, palm oil, organic Agave syrup, honey, natural flavors, citric acid, glycerin and carrageenan.

Contains: Soy; Fish (Anchovy, Sardine)

MEG-3® is a trademark of Ocean Nutrition Canada Ltd., Dartmouth, Nova Scotia, Canada B2Y 4T6

† Sweetened with organic Agave and other natural sweeteners.

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DISTRIBUTED, FORMULATED and QUALITY TESTED by:
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