# VITAMIN CODE® DOES YOUR LIQUID MULTI HAVE THE CODE?

The RAW Food-Created Nutrients™ in Vitamin Code® formulas are individually cultivated with their unique Code Factors™ intact, enabling natural recognition of nutrients by your body.

# WHAT IS A CODE FACTOR™?

The known, and yet to be discovered synergistic compounds found in food and necessary for proper nutrient delivery. Providing these Code Factors™ infuses the essential elements of whole foods that the body thrives upon.

Feed your body with Vitamin Code® Liquid, a comprehensive multivitamin formula made with RAW Whole Food Vitamins and Minerals—providing targeted delivery of essential vitamins and minerals for extraordinary health and vitality.

Your body is designed to recognize and utilize nutrients best when they come from food. Each individual nutrient delivered to your body from food comes intact with its own specific and unique cofactors that tell your body where and how to utilize that nutrient. When vitamins or minerals are isolated from food or synthesized in a lab, their cofactors can be removed inhibiting their ability to effectively nourish your body. While a diet rich in RAW, whole foods is the best way to consume nutrients, if you are going to supplement, you should seek out a whole food liquid multivitamin formula with **RAW Whole Food Vitamins and Minerals**.

Go beyond vitamins and minerals with Vitamin Code® Liquid. You only get one body, so feed it nutrients as nature intended



# Mental & Physical Energy<sup>†</sup>

- . Vitamin B Complex, Chromium, Iron ► Healthy Heart<sup>†</sup>

Vitamins C. E.

- Vitamin B Complex, Vitamins C. E.
- Antioxidant Cellular Protection†
- Vitamin B-Complex, Chromium Healthy Joints and Bones†

► Immune Support<sup>†</sup>

▶ Healthy Metabolism<sup>†</sup>

Vitamins A. C. Ds. Calcium, Magnesium, Zinc

. Vitamins A. C. Ds. Selenium, Zinc

# Vitamin Code® Liquid—A Tradition of Innovation

The First and Only Liquid Multivitamin with FoodStable™

- 100% Whole Food Preservation System—No Chemical Preservatives
- No Sodium Benzoate or Potassium Sorbate
- 100% RAW Whole Food Vitamins and Minerals—No Isolates or Synthetic Nutrients

# www.RawVitamins.com



Distributed by Garden of Life LLC 4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

www.gardenoflife.com Made in Canada These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For every Vitamin Code® bottle sold, a donation will be made to Vitamin Angels and their Operation 20/20 program to eliminate Vitamin A deficiency

in the world by the year 2020.

30 FL 0Z (900 mL)

# Garden $\mathit{of}$ Life

# **BEYOND VITAMINS & MINERALS**

# VITAMIN **MULTIVITAMIN FORMULA**

Made with RAW Whole Food Vitamins and Minerals

No Isolates or Synthetic Nutrients

FoodStable™ 100% Whole Food Preservation System No Sodium Benzoate or Potassium Sorbate

46 Superfoods, Including 34 RAW Organic Fruits, **Veggies and Sprouts** 

Vegetarian • Gluten Free • Dairy Free • No Artificial Colors or Flavors

Whole Food Dietary Supplement

Suggested Use: Adults take 1 capful (approximately 1fl. oz.) daily with food. Shake bottle well, serve cold and may be diluted with water. For optimal freshness, refrigerate after opening and use entire contents within 60 days. Not intended for children.

# **Supplement Facts**

Serving Size 1 Capful (Approximately 1 fluid ounce or 30 ml) Servings Per Container 30

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories	25		Mixed Tocopherols*	13 mg	+
Total Carbohydrate	5 g	1%1	alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrieno beta-tocopherol, gamma-tocopherol		
Dietary Fiber	1 g	4%1	Mixed Carotenoids*	pneroi 12 ma	
Protein	< 1 g	2%1	alpha-carotene, gamma-carot		+
Vitamin A* (as beta-carotene)	5,200 IU	100%	RAW Organic Fruit & Vegetal		+
Vitamin C*	240 mg	400%	Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Blackberry (fruit), Organic Baspberry (fruit), Organic Baspberry (fruit), Organic Sprinach Juice (leat), Organic Sprinach Juice (leat), Organic Sprinach Juice (leat), Organic Broccoli Juice (flower & stem), Organic Sprinach Juice (flower & stem), Organic Granto Juice (flower), Organic Granto Baspley Juice (leat), Organic Granto Berl Pepper Juice (flower), Organic Granto Bell Pepper Juice (fruit), Organic Granto Juice (flower), Organic Granto Juice (bults), Organic Ginger Juice (root), Organic Granto Juice (bults), Organic Ginger Juice (root), Organic Green Onion Juice (root), Organic Green Juice (flower & stem), Organic Asparagus Juice (flower & stem)		
Vitamin D*	1,000 IU	250%			
Vitamin E*	27 IU	90%			
Vitamin K*	100 mcg	130%			
Thiamin* (Vitamin B1)	8 mg	530%			
Riboflavin* (Vitamin B2)	8 mg	470%			
Niacin* (as Niacinamide)	40 mg	200%			
Vitamin B6*	8 mg	400%			
Folate*	400 mcg	100%	RAW Citrus C Blend	51 mg	+
Vitamin B12*	100 mcg	1670%	RAW Amla Berry, Grapefruit Bioflavonoids (Naringin, Isonaringin, Naringenin, Neoeriocitrin, Neohesperidin, Poncirin, Hesperidin, Rhoifolin)		
Biotin*	300 mcg	100%			
Pantothenic Acid*	40 mg	400%	RAW Organic Mushroom Myc	elia Blend 50 mg	+
Calcium*	20 mg	2%	Organic Reishi (Ganoderma Iucidum), Organic Cordy-Gen <sup>®</sup> (Bionectria ochroleuca), Organic Turkey Tai (Coriolus versicolor), Organic Fuling (Wolfippra coocs), Organic Lorios Mane (Herbrium erinaceus), Organic Shitake (Lentinule acdodes), Organic Mattake (Grifola frondsea), Organic White Wood Ear (Tremalia fuciformis), Organic Rosey Polypone (Fornitopsis cajanderi), Organic Blazei (Agaricus blazei)		
Magnesium*	10 mg	2%			
Iron*	3 mg	15%			
lodine*	150 mcg	100%			
Zinc*	8 mg	50%			
Selenium*	125 mcg	180%	RAW Organic Sprout Ble	nd 50 mg	+
Copper*	2 mg	100%	Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin		
Manganese*	4 mg	200%			
Chromium*	120 mcg	100%	Seed Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout,		
Molybdenum*	75 mcg	100%	Organic Chia Seed Sprout, Organic Sesame Seed Sprout		
Potassium*	50 mg	1%	Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.		

Other Ingredients: Purified water, vegetable glycerin, medium chain triglycerides, apple juice, RAW organic apple cider vinegal organic lemon juice, natural flavors (tropical punch, prange, mango), algae, Lactobacillus bulgaricus. Saccharomyces cerevisiae rebaudioside A (stevia), citrus extract and grapefruit seed extract (to preserve freshness). Contains tree nuts (coconut).

\*To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.gardenoflife.com. CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Do not use if safety seal is broken or missing. Keep out of reach of children. Use only as directed.

Contains no filler ingredients. No artificial colors, flavors, preservatives or sweeteners.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.



