



5-HTP 100 MG

Dietary Supplement

**MAY HELP BALANCE MOOD,
SLEEP, AND APPETITE***

100% VEGETARIAN

60 Vegi Capsules

No. 678

**HEALTHY
LIFESTYLE**

**EST
1960**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i> seeds)	100 mg †

† Daily Value not established

Other Ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, magnesium stearate, silica.

Directions: As a dietary supplement for adults, take 1 capsule daily or as directed by a healthcare professional.

WARNING: Do not use if you are pregnant or nursing. If you have a serious medical condition or are taking prescription drugs, consult your healthcare professional before using this product. This product may cause drowsiness. Do not drive or operate machinery while taking this product until you know how this product affects you.

Store at room temperature.
Protect from light.
Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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